KILLARNEY COMMUNITY CENTRE

WINTER 2027

RECREATION GUIDE

KILLARNEY
COMMUNITY CENTRE SOCIETY



	Community Centre Building	Community Centre Office	Fitness Centre	Pool
MONDAY	7:15am-9:30pm	9:00am-8:30pm	6:30am-9:00pm	6:15am-9:00pm
TUESDAY	8:45am-9:30pm	9:00am-8:30pm	6:30am-9:00pm	6:15am-9:00pm
WEDNESDAY	7:15am-9:30pm	9:00am-8:30pm	6:30am-9:00pm	6:15am-9:00pm
THURSDAY	8:45am-9:30pm	9:00am-8:30pm	6:30am-9:00pm	6:15am-9:00pm
FRIDAY	7:15am-9:30pm	9:00am-8:30pm	6:30am-9:00pm	6:15am-9:00pm
SATURDAY	8:45am-9:30pm	9:00am-8:30pm	8:00am-7:00pm	8:00am-9:00pm
SUNDAY	8:45am-7:00pm	9:00am-4:30pm	8:00am-7:00pm	8:00am-9:00pm
STATUTORY HOLIDAYS Jan 1, Feb 15, Mar 26, 29	9:30am-3:00pm	CLOSED	8:00am-3:00pm	CHECK ONLINE CALENDAR

FACILITY HOURS ARE SUBJECT TO CHANGE

6260 Killarney Street, Vancouver, BC V5S 2X7 | Centre: 604·718·8200 | Pool: 604·718·8280
For program enquiries, please e-mail Killarney.CommunityCentre@vancouver.ca

www.killarneycentre.ca | www.vancouver.ca

Jointly operated by the Vancouver Park Board and the Killarney Community Centre Society.

Killarney Community Centre Society

3 Easy Ways to Register!

In Person

Centre Registration Begins Sunday, Dec 6 at 9:00am
Community Centre program registration includes: Preschool, Children, Youth / Adult / Senior's Programs, Fitness, Children and Adult Special Events, Workshops, and Birthday Parties. *Please Note: Swim Lessons and Skate Lessons are not available to register on Centre Registration Day.*

Online

Centre Registration Begins Sunday, Dec 6 at 9:00am
Our system provides you with improved online registration. You can visit vanrec.ca and update or create your profile before registering. It's called *My Account* and is where you will go for all future registrations and to manage or track your registration requests online.

Never registered online before?

Go to **vanrec.ca** to register. Support guides can be found on the following webpage: https://vancouver.ca/parks-recreation-culture/facility-and-recreation-registration-tips.aspx. *Please Note: Licensed Childcare and Drop-in Programs are not available to register online.*

Phone-In

Centre Registration Begins Sunday, Dec 6 at 12:00pm
Call 604-718-8211 Monday-Sunday during operating hours. Phone in registration not available on statutory holidays. Only Visa, Mastercard and Amex payments will be accepted. Please have registration information and credit card ready when you call. Your registration receipt can be picked up at our Centre Office during operating hours. *Please Note: Licensed Childcare and Drop-in Programs are not available for Phone-in registration.*



Killarney operates a wide variety of FREE Recreation programs, services and events.

The Killarney Community Centre Society is committed to ensuring that people living in the Killarney community have access to programs and that fees are not a barrier to participation. Search the brochure to find Barney and attend a FREE program or event. You may still need to register for some programs.

Killarney Community Centre Society

Community Centre & Pool Registration:

On the *first* day of registration *ONLY*, patrons may register their immediate family and one extra person. For example if a patron is registering their three children into dance, they can also register one other individual into any program.

After the first day of registration, multiple registration can be done for all programs, as long as the registering patron has the full contact information for all enrollees (name, address, email, phone number & birthdate).

Program Changes and Cancellations

All programs are subject to change or cancellation at any time. Full refunds will be issued for all programs cancelled by the Community Centre.

Each Community Centre program refund request (excluding rink and pool activities), is subject to a $5 administration fee per activity.

Community Centre and Rink Refunds:

- If your refund request is received 48 or more hours prior to the start of the program, a full refund will be issued.
- If your refund request is received less than 48 hours prior to the start of the program, your refund will be equal to the program fee minus the price of one class.
- If your refund request is received less than 48 hours prior to the start of the second session of the program, no refund will be issued.
- Fees for one or two day programs will only be refunded if 2 weeks or more notice before the program start date is given ($5 administrative fee will be waived if program fee is $10 or less). No refunds if less than 2 weeks notice is given.

Please note: The above Refund Policy does not apply to Bus Trips, Licensed Childcare, Out of School Care, Day Camps, or Birthday Parties. Please check the Refund Policy on the individual activity pages.

Waiting Lists

We have moved away from waiting lists. Keep an eye out on programs you are interested in in-case a spot opens up.

KILLARNEY COMMUNITY CENTRE SOCIETY

Recreation Staff: 604-718-8201
killarney.communitycentre@vancouver.ca

Recreation Supervisor	Silvia Laforges
Childcare Coordinator	Carolyn Silva
Preschool & Children	Dilpreet Parmar
Fitness Centre	Austin Su
Community Youth Worker	Emily Hoang
Aquatics	Shannu Marette
Seniors	Shannon Brown
Seniors PAIII	Gabrio Mannucci
Adults	Austin Su
Rentals Coordinator	Vivian Qiu Liang
Birthday Parties	Vivian Qiu Liang
Killarney Rink	Maegan Montemayor
Offices Administrator	Melanie Ware

Financial Assistance

Financial assistance is available to low-income residents. If you or a family member are in need of financial assistance for a community centre program, please contact:

Preschool & Children
dilpreet.parmar@vancouver.ca

Youth
emily.hoang@vancouver.ca

Seniors
shannon.brown@vancouver.ca

Adults
austin.su@vancouver.ca

Licensed Childcare
kccschildcare@vancouver.ca

Making All Recreation S.A.F.E.

The Vancouver Park Board's commitment is to create welcoming parks and recreation services for all. We ask that our patrons treat each other and staff with dignity and respect.

https://vancouver.ca/parks-recreation-culture/safe-access-for-everyone-policy.aspx

Privacy Policy

In the course of providing programs and activities, the Killarney Community Centre Society collects personal information from our members and other individuals participating in classes, workshops, special events or facility use. This information may be used for the provision of services, communication, processing payments and/or statistical purposes. We respect the importance of protecting the personal information that we collect. For more of an understanding on this subject, please call (604) 718-8209 and your inquiry will be subsequently directed to our Society's Privacy Officer.

Code of Conduct

- Treat patrons and staff/volunteers with respect and dignity.
- Do not tolerate abusive or disrespectful language.
- Appreciate that programs and facilities are provided for the enjoyment of everyone.
- Respect public property and the property of others. Enjoy recreation in your City!
- The Board of Parks and Recreation reserves the right to take appropriate steps to resolve issues or concerns.

Killarney Community Centre Society

Our recreation programs are available to all members of the community.

Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature, which is necessary to ensure that the person with a disability is able to fully participate in our programs and activities. To facilitate better service we encourage you to let us know what your support needs are in advance.

Killarney Community Centre Society Board of Directors 2026-2027

KCC Society President . . . . . June Yee
Past President. . . . . .
1st Vice President. . . . . Terry Kirstiuk
2nd Vice President. . . . . Sukhwinder Pal Singh
Treasurer . . . . . Arnie Chang
Secretary . . . . . Lorraine Kirstiuk

Board Members:

Ravinder Bhatia, Pat Brand, Warren Creighton, Rocky Dinh, Safiann Khan, Justin George, Martha Harrison, Levi Higgs, Ursula Hubel, Gurdial Kang, Vicky Huang, Patti Palm, Melanie Parks, Jim Pope, Ken Ross, Amanda Taffs-Starblanket, Nitish Thakur

KCCS Administration Office

Office: 604-718-8210
Email: killarneyccs@gmail.com



Affiliated Community Groups & Clubs

The clubs & groups listed below have formal affiliation with the Killarney Community Centre Society. Please get in contact with the appropriate person for further details.

Killarney Seniors Council

Email: killarneyseniorscentre@vancouver.ca

Vancouver Minor Hockey

Email: registrar@vmhd.com

Vancouver Minor Lacrosse

Email: register@vancouverlacrosse.com or president@vancouverlacrosse.com

Killarney Youth Soccer Association (KYSA)

Email: info@kysa.ca

www.kysa.ca

Killarney Figure Skating Club (KCFSC)

Email: info@killarneyskatingclub.com

www.killarneyskatingclub.com

Gators Swim Club

Coach: 604-789-2819

Email: info@gatorswimclub.ca

Vancouver Female Ice Hockey Association (VFIHA)

Email: info@vancouvergirlshockey.com

www.vancouvergirlshockey.com

Here at Killarney Community Centre, respect and diversity are valued. All people are welcomed here regardless of age, culture, abilities, ethnicity, sex, gender identity, sexual orientation, nationality, race, religion, or socioeconomic status.



Follow Us! killarneycentre.ca | facebook.com/KillarneyCC | @killarneyccs | killarneyccs | @KillarneyCC

OUTDOOR CIRCUIT

IT'S HERE!

GET OUTSIDE. GET FIT.
GET MOVING!





Funded by the Killarney Community Centre Society and the Killarney Foundation.

Our Outdoor Fitness Circuit Is Open!

This notice contains important information that may affect you. Please ask someone to translate it for you.

此通告刊載有可能影響閣下的重要資料。請找人爲你翻譯。

ਇਸ ਨੋਟਿਸ ਵਿਚ ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ ਹੈ ਜੋ ਕਿ ਤੁਹਾਡੇ ਲਈ ਜ਼ਰੂਰੀ ਹੋ ਸਕਦੀ ਹੈ। ਕਿਰਪਾ ਕਰਕੇ ਕਿਸੇ ਨੂੰ ਇਸ ਦਾ ਉਲੱਥਾ ਕਰਨ ਲਈ ਆਖੋ।

Thông báo này có tin tức quan trọng có thể ảnh hưởng đến quý vị. Xin nhờ người phiên dịch hộ.

Este aviso contiene información importante que puede afectarle personalmente. Pídale a alguien que se lo traduzca.

Ce document contient des renseignements importants qui pourraient vous concerner. Veuillez demander à quelqu'un de vous le traduire.

KILLARNEY COMMUNITY CENTRE SOCIETY

VANCOUVER BOARD OF PARKS AND RECREATION

Killarney Community Centre is jointly operated by the Vancouver Park Board & Killarney Community Centre Society

The Killarney Community Centre Society acknowledges the financial assistance from the Province of British Columbia.

BRITISH COLUMBIA
The Best Place on Earth

Killarney Community Centre is located at
6260 Killarney Street,
in South East Vancouver.
Centre: 604·718·8200
Pool: 604·718·8280

GST will be added to program fee if applicable.

THE NEW KILLARNEY PARK TRACK AND FIELD IS NOW OPEN!



Vancouver's first competitive track and field facility features:

- A standardized 8-lane running track with rubberized surfacing
- Jumping and throwing event spaces
- A natural grass infield for discus, hammer throw, and javelin
- Spectator seating opportunities
- On-site storage
- A rain garden meadow that manages onsite stormwater
- An outdoor fitness area

A big thank you to the Killarney Community Centre Society for funding the outdoor fitness area and providing valuable feedback throughout the project and the patience of the local Killarney residents and Secondary School staff and students through construction.

Check onsite signage for permitting information and hours of use.



GST will be added to any fees applicable.

Licensed Preschool

Licensed Preschool is run at Killarney Community Centre. We offer a play-based program that provides a variety of developmentally appropriate activities in a safe, positive and nurturing environment. Activities include free play, arts and crafts, music, story time, baking, science, math, snack time, gym, outdoor play, and field trips throughout the year. There are 20 children in each class and 2 licensed preschool teachers. An orientation for parents to meet the teachers and learn about the preschool is held at the beginning of each school year.

Age	Time	Room 1	Room 2	Fee
3yrs	9:00-11:00am	Tu/Th	Tu/Th	$128.65/Month
3yrs	12:15-2:15pm	Tu/Th	Tu/Th	$128.65/Month
4yrs	9:00-11:30am	M/W/F	M/W/F	$181.72/Month
4yrs	12:15-2:45pm	M/W/F	M/W/F	$181.72/Month

Licensed Out of School Care, Kindergarten to Grade 7

Out of School Care is run at Killarney Community Centre. Supervision is provided to and from school. The program offers a variety of enjoyable activities including arts and crafts, board games, gym time and outdoor play in a safe, positive and nurturing environment. Children provide their own snack each day. Children registered in the current year will be given 1st priority to register for the subsequent year.

Please Note: To withdraw from the program you must give one month's written notice, or pay the next month's fee in lieu of notice. ***The deposit for the June fee is non-refundable. No withdrawals will be given after Dec 1 of the school year.***

Child Care Subsidy is available through **Affordable Child Care Benefit** to those who qualify. To receive an application, please call 1-888-338-6622 or download from www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/childcarebc-programs/child-care-benefit. Child Care Arrangement forms will be given to families after you complete the registration. Families receiving a subsidy will be responsible for paying non-refundable deposit as well as the difference between the subsidy and the monthly fee.

The Childcare Fee Reduction Initiative:

Effective September 2023, Killarney Preschool and Out of School care has been participating in the Child Care Fee Reduction Initiative. On a yearly basis, Killarney Childcare applies for this reduction; once approved, school fees will be adjusted.

Schools: Weir & Waverley Elementary Schools		
Program	**Time**	**Fee**
Before Care	7:30-9:00am	$163.11/month
After Care	3:00-6:00pm	$326.22/month
Before & After Care	7:30-9:00am & 3:00-6:00pm	$489.33/month
Spring & Winter breaks are not included in the monthly fees.		

Registration Procedures for Killarney Preschool:

We welcome you to add your child to this call list for Killarney Preschool for the September 2027/2028 school year. The call list will be available January 1st online. Please note that joining the call list does not guarantee enrollment into the school year.

Children who have completed the 3 year old preschool program will be given priority for the 4 year old class of the subsequent year.

Staff will contact parents as classes are being formed, usually in April for the upcoming September session. When contacted the parents will receive their registration package to be completed on site and pay a non-refundable deposit for the first (September) and last (June) months of the program. At the same time, a completed credit card authorization form will be required for the balance of the year. Please Note: ***NO WITHDRAWALS*** will be given after December 1st of the school year.

November 1st is the deadline to withdraw your child from the 2027/2028 Preschool program. One months (30 days) notice of withdrawal is required.

GST will be added to program fee if applicable.

Parent & Tot Programs

For full details on programs, please visit vanrec.ca and type the activity name or number in the search bar, or simply open the camera app on your phone and scan the QR code below!

Scan me
for program details!

Sports & Movement

Family Play Time (0-5yrs)
CC Room 203 — SVNH
W Jan 6-Mar 10 — 11:30AM-1:00PM
655554 — FREE/10 classes

Parent & Toddler Gym (0-6yrs)
CC Full Gym
Tu Jan 5-Mar 30 — 9:15AM-11:45AM
645744 — Drop-in $3/child, $5/family
10 visit card/$25

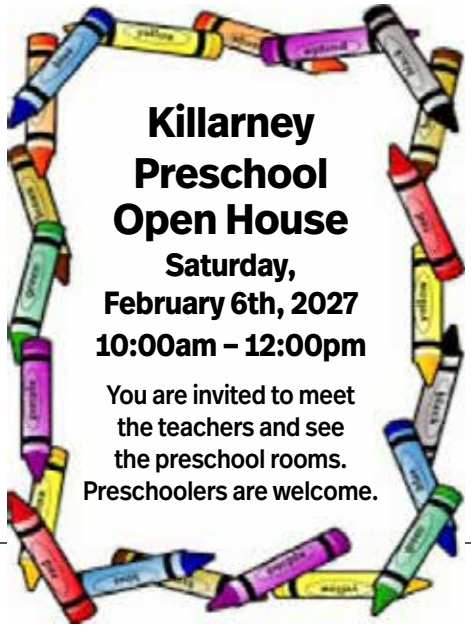
My Sweet Yoga Spot (2-3yrs)
CC Preschool 2 — Eliana Romero
Sa Jan 16-Mar 6 — 9:30AM-10:15AM
645508 — $128/8 classes

Soccer (1.5-3.5yrs)
No session Jan 24, 30, 31, Feb 13, 14, & Mar 13.
CC 2/3 Gym — Soccer Stars Academy
Sa Jan 9-Mar 27 — 9:00AM-9:30AM
655558 — $108/9 classes
Su Jan 10-Mar 28 — 9:15AM-9:45AM
655555 — $108/9 classes

Sportball: Junior (1yr 4mo-2yrs)
No session Feb 12.
CC 2/3 Gym — Sportball Vancouver
F Jan 15-Mar 12 — 9:15AM-10:00AM
645688 — $144/8 classes

Sportball: Parent & Child Multisport (2-3yrs)
No session Feb 14.
CC 1/3 Gym — Sportball Vancouver
Su Jan 24-Mar 21 — 11:15AM-12:00PM
645680 — $144/8 classes

Sportball: Parent & Tot Multisport (2-3yrs)
No session Feb 12.
CC 2/3 Gym — Sportball Vancouver
F Jan 15-Mar 12 — 10:15AM-11:00AM
645689 — $144/8 classes



Education

Art and Music with Sun Rey (1-3yrs)
Space Permitting – Drop-in $23
CC Room 211 — Sun Rey Han
F Jan 8-Feb 12 — 9:45AM-10:30AM
649349 — $120/6 classes

Baby Sign Language (0-2yrs)
CC Room 211 — Into Yoga
W Jan 13-Feb 10 — 11:15AM-12:00PM
645536 — $77/5 classes

Dynamic Baby - Infant Development (3mo-1yrs)
CC Dojo — Natasha Martina
Set 1
(3 months - 7 months)
Tu Jan 19-Feb 16 — 1:30PM-2:15PM
645435 — $85/5 classes
(7 months - 10 months)
Tu Jan 19-Feb 16 — 12:30PM-1:15PM
645434 — $85/5 classes
(10 months - 14 months)
Tu Jan 19-Feb 16 — 11:30AM-12:15PM
645433 — $85/5 classes
Set 2
(3 months - 7 months)
Tu Feb 23-Mar 23 — 1:30PM-2:15PM
645438 — $85/5 classes
(7 months - 10 months)
Tu Feb 23-Mar 23 — 12:30PM-1:15PM
645437 — $85/5 classes
(10 months - 14 months)
Tu Feb 23-Mar 23 — 11:30AM-12:15PM
645436 — $85/5 classes

Birthday Party packages
→ See pages 11 & 12

For full details on programs, please visit vanrec.ca and type the activity name or number in the search bar, or simply open the camera app on your phone and scan the QR code below!

Scan me
for program details!

Art & Culture

Art

Art Jam with a Disney Animator (4-5yrs)

CC Room 202 — Happy Kids Studios
Set 1
Su Jan 10-Feb 14 — 2:00PM-3:00PM
649340 — $129/6 classes
Set 2
Su Feb 21-Mar 28 — 2:00PM-3:00PM
649343 — $129/6 classes



Preschool Drawing (3-5yrs)

CC Room 202 — Young Rembrandts
Su Jan 17-Mar 7 — 10:00AM-10:50AM
645444 — $180/8 classes

Art is Fun (3-5yrs)

Space Permitting – Drop-in $24
CC Room 211 — Sun Rey Han
F Jan 8-Feb 12 — 10:45AM-11:30AM
649351 — $129/6 classes

Dance

Ballet I & II (3-5yrs)

Space Permitting – Drop-in $20
No session Feb 15.
CC Room 205 — Espirito Mauricio
M Jan 4-Mar 8 — 12:45PM-1:30PM
645738 — $164.50/9 classes

Creative Dance (3-5yrs)

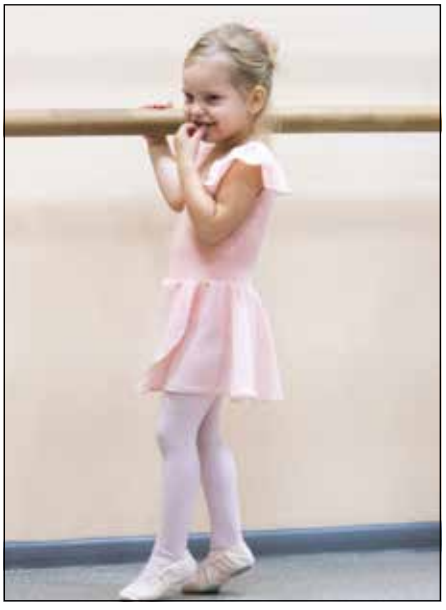
Space Permitting – Drop-in $20
No session Feb 15.
CC Room 205 — Espirito Mauricio
M Jan 4-Mar 8 — 1:35PM-2:20PM
645739 — $164.50/9 classes

Acrobatic Dance (3-5yrs)

Space Permitting – Drop-in $20
No session Feb 15.
CC Room 205 — Espirito Mauricio
M Jan 4-Mar 8 — 2:25PM-3:10PM
645740 — $164.50/9 classes

Hip Hop (4-6yrs)

Seniors MPR 251/252 — Endorphin Rush
Sa Jan 9-Mar 13 — 11:35AM-12:20PM
645606 — $150/10 classes



Jazz/Ballet (4-6yrs)

CC Room 205 — Endorphin Rush
Su Jan 10-Mar 14 — 11:20AM-12:05PM
645598 — $150/10 classes

Little Ballerinas (3-6yrs)

Seniors MPR 151/152 — Endorphin Rush
(3-5yrs)
Sa Jan 9-Mar 13 — 9:45AM-10:30AM
645604 — $150/10 classes
Su Jan 10-Mar 14 — 9:30AM-10:15AM
645595 — $150/10 classes
Seniors MPR 251/252
Sa Jan 9-Mar 13 — 12:30PM-1:15PM
645608 — $150/10 classes
(4-6yrs)
Seniors MPR 251/252
Sa Jan 9-Mar 13 — 10:45AM-11:30AM
645605 — $150/10 classes
CC Room 205
Su Jan 10-Mar 14 — 1:15PM-2:00PM
645600 — $150/10 classes



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GST will be added to program fee if applicable.

Preschool Programs

Mini Hip Hop Breakers (3-5yrs)

Seniors MPR 251/252	Endorphin Rush
Sa Jan 9-Mar 13	2:10PM-2:55PM
645611	$150/10 classes
CC Room 205	
Su Jan 10-Mar 14	12:25PM-1:10PM
645599	$150/10 classes
Su Jan 10-Mar 14	2:05PM-2:50PM
645601	$150/10 classes



My First Dance Class (2-4yrs)

CC Room 205	Endorphin Rush
Su Jan 10-Mar 14	10:30AM-11:15AM
645596	$150/10 classes

My Sweet Yoga Spot (4-5yrs)

CC Preschool 2	Eliana Romero
Sa Jan 16-Mar 6	10:30AM-11:15AM
645521	$128/8 classeses

Music & Vocals

Music Together with Karina (0-5yrs)

No session Feb 13.

Pool MPR	Music Together
Sa Jan 16-Mar 13	9:30AM-10:15AM
645441	$209/8 classes
Sa Jan 16-Mar 13	10:30AM-11:15AM
645442	$209/8 classes
Sa Jan 16-Mar 13	11:30AM-12:15PM
645443	$209/8 classes

Martial Arts

Axe Capoeira Super Mini Kids (2-4yrs)

Space Permitting – Drop-in $20

Seniors MPR 251/252	Marcus Aurelio
Tu Th	5:00PM-5:30PM
Sa	12:00PM-12:30PM
	$100/Month
Jan 02-Jan 30	645836
Feb 2-Feb 27	645837
Mar 2-Feb 30	645838

Gentle Method Jiu Jitsu (3-6yrs) NEW!

Active parent participation required.

Beginner-friendly Brazilian Jiu-Jitsu classes for children with age-specific programming that builds confidence, discipline, and self-defence skills with positional techniques and light sparring games. Classes focus on mobility and physical awareness, catering to all learning needs and levels.
A full Gi (kimono & belt) uniform can be purchased upon request; instruction will be a blend of gi and no-gi.
Please wear athletic clothing and check our website for more class details: gentlemethodjj.com.

CC Dojo	Gentle Method Jiu Jitsu
F Jan 22-Feb 12	3:30PM-4:15PM
653889	$84/4 classes
F Feb 19-Mar 19	3:30PM-4:15PM
654596	$105/5 classes

Sports

Kinetic Kids Fundamentals (3-5yrs)

Seniors MPR 251/252	Kinetic Kids
Su Sep 20-Nov 8	11:45AM-12:30PM
630031	$160/8 classes

Soccer (3-5yrs)

No session Jan 24, 30, 31, Feb 13, 14, & Mar 13.

CC 2/3 Gym	Soccer Stars Academy
Sa Jan 9-Mar 27	9:35AM-10:20AM
655559	$108/9 classes
Su Jan 10-Mar 28	9:50AM-10:35AM
655556	$108/9 classes

Sportball: Child Multisport (3-5yrs)

No session Feb 14.

CC 1/3 Gym	Sportball Vancouver
Su Jan 24-Mar 21	12:00PM-1:00PM
645683	$144/8 classes

Sportball: Floor Hockey (3-5yrs)

No session Jan 25, Feb 1 & 15.

CC 2/3 Gym	Sportball Vancouver
M Jan 11-Mar 22	5:30PM-6:15PM
645690	$144/8 classes

Tennis (4-6yrs)

CC 1/3 Gym	Break Point Sports
Su Jan 24-Mar 21	9:00AM-10:00AM
645539	$135/9 classes



10 | Learn and play with your little one! | To Register: 604-718-8211 | www.killarneycentre.ca | 10



Gym/Play-Gym Party!

- For children 2-8 yrs
- Younger kids = play gym with toys + bouncy castle
- Includes access to a kitchen equipped with a stove, oven, microwave and refrigerator (no freezer)

WHERE AND WHEN:

CC Room 203 & CC 2/3 Gym

Saturdays	**Sundays**
Party time: 1:15pm-3:15pm	Party time: 12:15pm-2:15pm
Gym time: 1:15pm-2:15pm	Gym time: 12:15pm-1:15pm

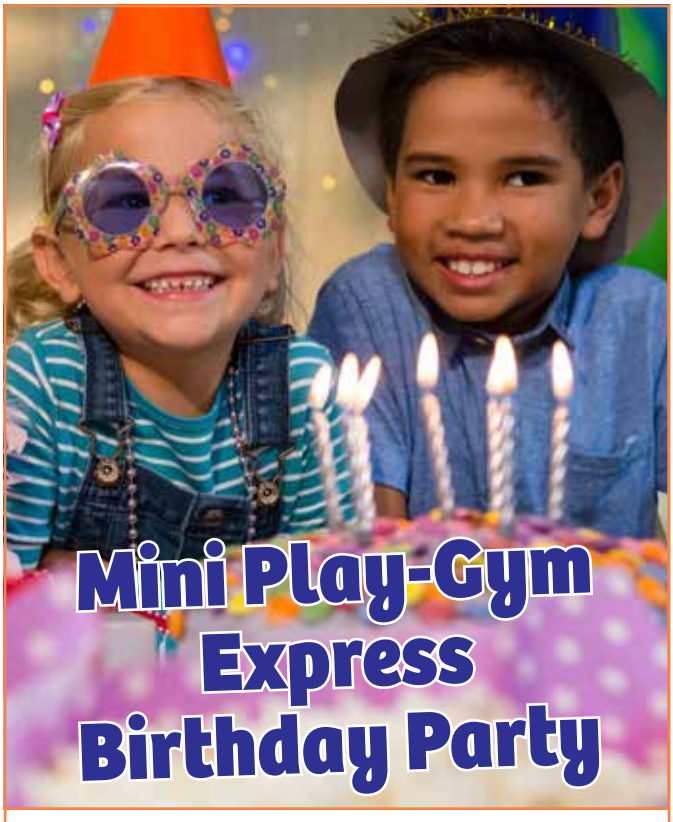
FEES:

$152/14 children (1 party attendant)

$252/15-20 children (2 party attendants)

Please have your final numbers of children attending the party confirmed one week prior to the party, and pay the $100.00 upgrade for over 15 children to secure an additional leader.

For your safety, the maximum capacity for this birthday party package in our party room 203 will be no more than 40 attendees.



Mini Play-Gym Express Birthday Party

- For children 0-5 yrs
- Mini parent and tot-style play gym that includes: toys, various climbing apparatus, and mats to keep your tots busy! Children must be supervised at all times
- Note that this basic package does <u>not</u> offer our medium sized bouncy castle
- Includes access to a kitchen equipped with a stove, oven, microwave and refrigerator (no freezer)

WHERE AND WHEN:

CC Room 203 & CC 1/3 Gym

Sundays 3:45pm-5:45pm

Gym time 3:45pm-4:45pm

FEES:

$112/14 children (1 party attendant)

Parent/Guardian participation is required for the duration of the party. For your safety, the maximum capacity for this birthday party package in our party room will be no more than 29 attendees.

Birthday Parties

Party Information



- The Birthday Party Coordinator will contact you no later than 1 week prior to your party to confirm details. Please make sure to update your information at registration to include an email address.
- Patrons are required to pay in full at the time of registration.
- **Parent/Guardian participation is required for the duration of the party.**
- *Inclusions:* party attendant, room, tables, chairs.
- *Exclusions:* decorations, table settings (plates, cutlery, cups, etc), snacks, food or beverages.
- *Refund Policy:* There will be an administrative charge of $5 applied to all refund requests. The refund rates are as follows: full refund for cancellations with 30 or more days notice; 50% refund for cancellations with 8 – 29 days notice; no refund for cancellations with 7 or less days notice. Failure to notify within the specified time frame may result in the forfeiture of all or a portion of the payment.
- We do not accept LAP discounts for parties
- All birthday party packages and information are subject to change.

Please call 604-718-8201 for more information.

Scan me
for program details!

Updated Birthday Party Procedures:

How to Register

1. **VISIT:** www.vanrec.ca and type in "Birthday" under the "Activities" search box – make sure you have a Vancouver Recreation account!
2. **Filter By:** "Location: Killarney Community Centre"
3. **SELECT** your desired Birthday Party booking date
4. **CLICK:** "Add to Cart", then proceed to **make a payment**
5. The Birthday Party Coordinator will contact you no later than 1 week prior to your party to confirm details. Please make sure to update your information at registration to include an email address.

Birthday Party Terms and Conditions

Please ensure to carefully review your registration receipt to familiarize yourself with details of your party and the terms and conditions.

If you have any questions, comments, or concerns, please email our Birthday Party Coordinator at killarneyparties@vancouver.ca.

For full details on programs, please visit vanrec.ca and type the activity name or number in the search bar, or simply open the camera app on your phone and scan the QR code below!

Scan me
for program details!

Adapted Access

Taking Strides Adaptive Sport (5-12yrs)

No session Feb 13, 20 & Mar 13.

CC 1/3 Gym — Taking Strides Vancouver
Sa Jan 23-Mar 27 — 11:50AM-12:35PM
646571 — $31.50/7 classes

Art & Culture

Art

Art and You (6-9yrs)

CC Room 211 — Kelly Jimenez
Su Jan 10-Feb 28 — 11:00AM-12:00PM
645621 — $168/8 classes

Cartoon with a Disney Animator (6-8yrs)

CC Room 202 — Happy Kids Studios
Set 1
Su Jan 10-Feb 14 — 3:10PM-4:10PM
649341 — $129/6 classes
Set 2
Su Feb 21-Mar 28 — 3:10PM-4:10PM
649344 — $129/6 classes

Character Design with a Disney Animator (9-12yrs)

CC Room 202 — Happy Kids Studios
Set 1
Su Jan 10-Feb 14 — 4:20PM-5:20PM
649342 — $129/6 classes
Set 2
Su Feb 21-Mar 28 — 4:20PM-5:20PM
649346 — $129/6 classes

Cartooning with Young Rembrandts (6-12yrs)

CC Room 202 — Young Rembrandts
Su Jan 17-Mar 7 — 11:00AM-12:00PM
645449 — $180/8 classes

Dance

Asian Pop / KPOP / Hip Hop - Family (4-18yrs)

CC Room 203 — Praise TEAM
F Jan 8-Mar 12 — 7:00PM-8:00PM
655589 — $225/10 classes

Asian Pop / KPOP / Hip Hop Open (6-18yrs)

CC Room 205 — Praise TEAM
(6-12yrs)
F Jan 8-Mar 12 — 4:30PM-5:30PM
655583 — $170/10 classes
(13-18yrs)
F Jan 8-Mar 12 — 5:30PM-6:30PM
655587 — $170/10 classes
(9-12yrs)
Seniors MPR 251/252
F Jan 8-Mar 12 — 4:30PM-5:30PM
655585 — $170/10 classes

Asian Pop / KPOP / Hip Hop - Audition Prep (13-18yrs)

CC Room 205 — Praise TEAM
F Jan 8-Mar 12 — 5:30PM-7:00PM
655588 — $255/10 classes

Asian Pop / KPOP / Hip Hop - Intro (12-18yrs)

Seniors MPR 251/252 — Praise TEAM
F Jan 8-Mar 12 — 5:30PM-6:30PM
655586 — $170/10 classes

Rhythmic Gymnastics (6-12yrs)

Space Permitting – Drop-in $20
No session Feb 15.
CC Room 205 — Espirito Mauricio
M Jan 4-Mar 8 — 3:15PM-4:00PM
645741 — $164.50/9 classes

Ballet III (6-9yrs)

Space Permitting – Drop-in $20
No session Feb 15.
CC Room 205 — Espirito Mauricio
M Jan 4-Mar 8 — 4:05PM-4:50PM
645742 — $164.50/9 classes



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Children's Programs

Acrobatic Dance (6-12yrs)

Space Permitting – Drop-in $20
No session Feb 15.

CC Room 205	Espirito Mauricio
M Jan 4-Mar 8	4:55PM-5:40PM
645743	$164.50/9 classes

Hip Hop Breakers (6-8yrs)

CC Room 205	Endorphin Rush
Sa Jan 9-Mar 13	1:20PM-2:05PM
645609	$150/10 classes

Jazz/Ballet Fusion (6-9yrs)

CC Room 205	Endorphin Rush
Su Jan 10-Mar 14	2:55PM-3:40PM
645603	$150/10 classes

Music & Vocals

Forte Piano (6-12yrs)

Seniors MR 260	Alexandra Cai
Sa Jan 9-Mar 20	9:00AM-4:45PM
649352-649367	$352/11 classes
Su Jan 10-Mar 21	9:00AM-2:35PM
649368-649378	$352/11 classes

Guitar/Ukulele (5yrs+)

Seniors MR 260	Tom Cheng
W Jan 6-Mar 31	3:30PM-7:00PM
645459-645465	$338/13 classes

Piano/Singing with Charis (5-21yrs)

Seniors MR 260	Charis Chung
F Jan 8-Mar 19	2:00PM-7:00PM
645573-645591	$363/11 classes

Private Piano (6yrs+)/ Clarinet (10yrs+)

No session Feb 15.

Seniors MR 260	Janine Oye
M Jan 4-Mar 15	3:00PM-7:00PM
645730-645737	$320/10 classes

Private Piano (5yrs+)

Seniors MR 260	Musical Expressions
Th Jan 7-Mar 25	4:00PM-8:00PM
655545-655552	$390/12 classes

Private Drum Lessons (5-18yrs)

Seniors MR 260	Samuel Delgado
Tu Jan 5-Mar 30	4:30PM-8:30PM
655603-655610	$221/13 classes

Violin (5-75yrs)

CC Room 211	James Wong
F Jan 8-Mar 19	5:30PM-7:00PM
645526-645528	$363/11 classes

Education

Art Sushi Workshop - Decorative Sushi Rolls (5-12yrs)

Seniors Kitchen 154	Motoko Eto
Su Jan 24	10:00AM-11:30AM
654679	$60/class
Su Feb 14	10:00AM-11:30AM
654685	$60/class
Su Mar 07	10:00AM-11:30AM
654688	$60/class

Legos in Motion (5-10yrs)

No session Feb 15.

CC Room 211	Reach Education Inc.
M Jan 11-Mar 8	4:00PM-5:00PM
646512	$140/7 classes

Paper Marbling with Handmade Ink 6-12yrs) NEW!

We will produce our own handmade marbling ink from invasive European Mountain Ash wood, dipping sheets of recycled paper into water to reveal unique eco-patterns. Kids will learn about invasive plants and local ecosystems while coming away with brand-new bookmarks and artworks.

CC Room 211	Joshua Ralph
Sa Mar 06	10:00AM-11:30AM
645908	$18/1 class

Red Cross Babysitting Course (11-16yrs)

CC Preschool 2	First Aid Pro
Su Jan 10	9:30AM-4:30PM
645453	$75/person
Su Jan 31	9:30AM-4:30PM
645454	$75/person
Su Feb 28	9:30AM-4:30PM
645455	$75/person
Su Mar 28	9:30AM-4:30PM
645456	$75/person

Blended Basic First Aid: CPR/AED Level C (13yrs+)

CC Preschool 2	First Aid Pro
Su Jan 24	9:30AM-1:30PM
645450	$94.99/person
Su Feb 21	9:30AM-1:30PM
645451	$94.99/person
Su Mar 21	9:30AM-1:30PM
645452	$94.99/person

Baking for Kids (6-12yrs)

CC Room 203	Camille Bourdon
Set 1	
W Jan 6-Feb 3	3:45PM-5:15PM
645524	$165/5 classes
Set 2	
W Feb 17-Mar 17	3:45PM-5:15PM
645525	$165/5 classes

Sewing for Kids (8-12yrs)

Basics	
Tu Jan 12-Feb 9	4:00PM-5:30PM
645592	$95/5 classes

Intermediate – "Basics" program is a required pre-requisite for this program

Tu Feb 16-Mar 16	4:00PM-5:30PM
645593	$95/5 classes

Young Commander Chess (6-13yrs)

CC Room 211	Joe Soliven
Novice/Beginners 1 & 2 (6-13yrs)	
Th Jan 7-Mar 11	6:10PM-7:10PM
645485	$130/10 classes
Intermediate/Advanced (8-13yrs)	
Th Jan 7-Mar 11	7:20PM-8:30PM
645486	$150/10 classes

Martial Arts

Axe Capoeira Mini Kids (5-7yrs)

Space Permitting – Drop-in $20

Seniors MPR 251/252	Marcus Aurelio
Tu Th	5:30PM-6:00PM
Sa	12:30PM-1:00PM
Jan 02-Jan 30	645839
Feb 02-Feb 27	645840
Mar 02-Mar30	645841

Axe Capoeira Youth Kids (8-17yrs)

Space Permitting – Drop-in $20

Seniors MPR 251/252	Marcus Aurelio
Beginner	
Tu Th	6:00PM-6:30PM
Sa	1:00PM-1:30PM
Advanced	
Tu Th	6:30PM-7:00PM
Sa	1:30PM-2:00PM
$100/month	
Jan 02-Jan 30	
Beginners	645842
Advanced	645994
Feb 02-Feb 27	
Beginners	645843
Advanced	645845
Mar 02-Mar30	
Beginners	645844
Advanced	645846

Don't be disappointed

Great courses with excellent instructors sometimes get cancelled because people wait until the last minute to register.

Courses are based on a minimum number of registrants so the course can recover costs.

If you wait and we don't make the minimum you may never see that course again.

Please Register Early!! We give full refunds for all cancelled classes.

Seiyu Karate

Vancouver Seiyu Karate

Blue Belt to Yellow Belt (No Beginner)	
CC Dojo	
Su Jan 17-Mar 21	12:10PM-1:10PM
645889	$150/10 classes
Orange Belt to Blue Belt (No Beginner)	
CC Dojo	
Su Jan 17-Mar 21	1:20PM-2:20PM
645890	$150/10 classes
Su Jan 17-Mar 21	2:30PM-3:30PM
645891	$150/10 classes
White Belt and White Stripe (No Beginner)	
CC Dojo	
Su Jan 17-Mar 21	3:40PM-4:40PM
645892	$150/10 classes
Beginner	
CC Room 205	
Su Jan 10-Mar 21	4:50PM-5:50PM
645893	$165/11 classes
Yellow to Green Belt (No Beginner)	
CC Dojo	
Tu Jan 19-Mar 23	5:00PM-6:00PM
645894	$150/10 classes

Gentle Method Jiu Jitsu (7-9yrs) NEW!

Beginner-friendly Brazilian Jiu-Jitsu classes for children with age-specific programming that builds confidence, discipline, and self-defence skills with positional techniques and light sparring games. Classes focus on mobility and physical awareness, catering to all learning needs and levels.
A full Gi (kimono & belt) uniform can be purchased upon request; instruction will be a blend of gi and no-gi.
Please wear athletic clothing and check our website for more class details: gentlemethodjj.com.

CC Dojo	Gentle Method Jiu Jitsu
F Jan 22-Feb 12	4:15PM-5:00PM
654598	$84/4 classes
F Feb 19-Mar 19	4:15PM-5:00PM
654758	$105/5 classes

Taekwondo

CC Dojo	Wu's Taekwondo
Beginner	
Sa Jan 16-Mar 20	1:00PM-2:00PM
645881	$120/10 classes
Su Jan 17-Mar 14	11:00AM-11:50AM
645882	$108/9 classes
W Jan 20-Mar 17	3:45PM-4:30PM
645880	$108/9 classes
Th Jan 21-Mar 18	3:45PM-4:30PM
645879	$108/9 classes
Yellow Belt to Blue Belt	
Sa Jan 16-Mar 20	3:00PM-4:00PM
645884	$120/10 classes
Th Jan 21-Mar 18	4:30PM-5:30PM
645883	$108/9 classes
Yellow Green to Red Black Belt	
Su Jan 17-Mar 14	9:00AM-10:00AM
645886	$108/9 classes

Traditional Kung Fu (6-18yrs)

CC 1/3 Gym & Pool MPR
Northern Shaolin Kung Fu
Jan 06-Mar 10

Beginner	
W	4:30PM-5:45PM
Sa	12:45PM-2:00PM
645926	$297/19 classes
Intermediate	
W	4:30PM-6:15PM
Sa	12:45PM-2:30PM
645927	$316/19 classes
Advanced	
W	4:30PM-6:30PM
Sa	12:45PM-2:45PM
645928	$335/19 classes



Children's Programs

Sports

Badminton - Beginner

No class on Jan 27 and Feb 3

CC 2/3 Gym — Howard Fok
W Jan 6-Mar 31 — 3:30PM-4:30PM
645675 — $165/11 classes

Badminton - Beginner/ Intermediate

No class on Jan 27 and Feb 3

CC 2/3 Gym — Howard Fok
W Jan 6-Mar 31 — 4:30PM-5:30PM
645694 — $165/11 classes

Badminton - Intermediate/Advanced

No class on Jan 27 and Feb 3

CC 2/3 Gym — Howard Fok
W Jan 6-Mar 31 — 5:30PM-6:30PM
645695 — $165/11 classes

Greenlight Basketball: Future Ballers Camp (5-8yrs)

Week 1

CC 1/3 Gym — Greenlight Basketball
M-F Mar 15-19 — 3:30PM-4:30PM
653557 — $75/week

Week 2

M-Th Mar 22-25 — 3:30PM-4:30PM
653560 — $60/week

Greenlight Basketball: Future Ballers (5-8yrs)

CC 1/3 Gym — Greenlight Basketball
M Jan 25-Mar 8 — 5:30PM-6:30PM
645698 — $90/6 classes

Journey Basketball Grassroots

No class on January 8 and February 4

CC 1/3 Gym — Journey Basketball
Tu Jan 5-Mar 9 — 3:30PM-5:00PM
645703 — $160/8 classes



Journey Basketball - Beginners to Intermediate

No class on January 8 and February 4

CC Full Gym — Journey Basketball
Th Jan 7-Mar 11 — 5:00PM-6:00PM
645701 — $120/8 classes

Kinetic Kids – Skill Enhancement (6-8yrs)

Seniors MPR 251/252 — Kinetic Kids
Su Jan 10-Feb 28 — 12:45PM-1:45PM
645502 — $160/8 classes

Soccer (6-12yrs)

No session Jan 24, 30, 31, Feb 13, 14, & Mar 13.

CC 2/3 Gym — Soccer Stars Academy
(6-8yrs)
Sa Jan 9-Mar 27 — 10:25AM-11:10AM
655560 — $108/9 classes
(9-12yrs)
Sa Jan 9-Mar 27 — 11:20AM-12:20PM
655561 — $108/9 classes
(6-12yrs)
Su Jan 10-Mar 28 — 10:40AM-11:40AM
655557 — $108/9 classes

Sportball: Child Multisport (6-8yrs)

No session Feb 14.

CC 1/3 Gym — Sportball Vancouver
Su Jan 24-Mar 21 — 1:00PM-2:00PM
645684 — $144/8 classes

Sportball: Floor Hockey (6-12yrs)

No session Jan 25, Feb 1 & 15.

CC 2/3 Gym — Sportball Vancouver
M Jan 11-Mar 22 — 6:20PM-7:20PM
645692 — $144/8 classes

Tennis (7-10yrs)

CC 1/3 Gym — Break Point Sports
Su Jan 24-Mar 21 — 10:00AM-11:00AM
645546 — $135/9 classes

Technology

EFK - Jr. Engineering Club: FUNdamentals (4-6yrs)

No session Feb 13.

CC Room 211 — Engineering For Kids
Sa Jan 9-Feb 20 — 9:45AM-10:45AM
655577 — $120/6 classes

EFK - Civil Engineering: Strategic Structures (8-12yrs)

No session Feb 13.

CC Room 211 — Engineering For Kids
Sa Jan 9-Feb 20 — 1:00PM-3:00PM
655579 — $216/6 classes

EFK - Mechanical Engineering: Master Machines (6-12yrs)

No session Feb 13.

CC Room 211 — Engineering For Kids
Sa Jan 9-Feb 20 — 11:00AM-12:30PM
655578 — $288/6 classes

In order to keep Killarney's pricing low we separate some of our seasonal programs into multiple sets. Leisure Access Discount patrons are eligible to receive the 50% discount on bothsets (excluding pool & rink programs).

Children's Spring Break Day Camps

Spring Break Camp

Join us this winter at Killarney for an action-packed week with activities like sports, cooperative games, arts & crafts, special guests, and many exciting out-trips. Please remember to pack nut-free snacks, lunch, and a water bottle and appropriate clothing like bathing suit and towels.

Registration for Spring Camp can be done online. The parent and waiver forms will be sent out 1 week prior to camp. Please ensure we have an up-to-date email address to receive these forms. Camps will run from 9:00am-3:00pm. Please email Killarneydaycamps@ vancouver.ca if you have any questions.

KCCS Spring Break Day Camp (6-12yrs)

CC 1/3 Gym and CC 2/3 Gym
M-F Mar 15-19 9:00AM-3:00PM
653563 $200/week
M-Th Mar 22-25 9:00AM-3:00PM
653567 $160/week

Bluey's Big Spring Dance Camp (4-6yrs)

CC Room 211 Endorphin Rush
M-F Mar 15-19 9:15AM-10:30AM
655596 $118/5 classes

Frozen Ballet (4-6yrs)

CC Room 211 Endorphin Rush
M-F Mar 15-19 10:45AM-12:00PM
655597 $118/5 classes

K-Pop Demon Hunters Theme Dance Camp (6-10yrs)

CC Room 211 Endorphin Rush
M-F Mar 15-19 12:30PM-3:00PM
655598 $225/5 classes

Rhythmic Gymnastics (3-12yrs)

CC Room 201 Espirito Mauricio
(3-5yrs)
M-Th Mar 22-25 9:15AM-10:15AM
655600 $85/4 classes
(6-8yrs)
M-Th Mar 22-25 10:30AM-12:00PM
655601 $109/4 classes
(9-12yrs)
M-Th Mar 22-25 12:15PM-1:45PM
655602 $109/4 classes

Art and You (6-9yrs)

CC Room 211 Kelly Jimenez
M-Th Mar 22-25 10:30AM-12:00PM
655599 $124/4 classes

Build 'n' Bash (6-12yrs)

CC Preschool 2 Engineering For Kids
M-Th Mar 22-25 9:00AM-3:00PM
655581 $336/4 classes

LEGO DIY Legoland (5-10yrs)

CC Preschool 2 Reach Education
M-F Mar 15-19 1:00PM-4:00PM
655591 $220/5 classes

LEGO Ships & Sea Monsters (5-10yrs)

CC Preschool 2 Reach Education
M-F Mar 15-19 9:30AM-12:30PM
655590 $220/5 classes

Young Commander Chess - Novice I & II (5-13yrs)

CC Room 211 Joe Soliven
M-Th Mar 22-25 2:30PM-4:00PM
655648 $80/4 classes



Don't be disappointed

Great courses with excellent instructors sometimes get cancelled because people wait until the last minute to register.

Courses are based on a minimum number of registrants so the course can recover costs.

If you wait and we don't make the minimum you may never see that course again.

Please Register Early!! We give full refunds for all cancelled classes.



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GST will be added to program fee if applicable.

Youth Lounge and Office

The Youth Lounge is open during lunch time from 11:30am-12:30pm Monday-Friday.

For full details on programs, please visit vanrec.ca and type the activity name or number in the search bar, or simply open the camera app on your phone and scan the QR code below!

Scan me
for program details!

Adapted Access

Taking Strides Teen Adaptive Sport (13-18yrs)
No session Feb 21.

CC 1/3 Gym	Taking Strides Vancouver
Su Jan 24-Mar 21	2:25PM-3:10PM
646575	$43.20/8 classes

In order to keep Killarney's pricing low we separate some of our seasonal programs into multiple sets. Leisure Access Discount patrons are eligible to receive the 50% discount on both sets (excluding pool & rink programs).

Art & Culture

Dance

Design Space
No session Feb 11

Youth Lounge	Youth Leader
Th Jan 21-Mar 4	3:30PM-5:00PM
645674	$42/6 classes

Youth Hip-Hop & Street Dance
Space permitting - Drop-in $16
No class Feb 15 & Mar 8

Seniors MPR 251/252	Rita Barieieva
M Jan 11-Mar 22	5:15PM-6:15PM
645860	$135/9 classes

Education

Toastmasters Youth Program - Greater Vancouver Gavel Club

Board Room	Greater Vancouver Gavel Club
Th Jan 7-Mar 11	7:00PM-9:00PM
645699	$120/10 classes

Level Up Mondays
Weekly Program, different activity every week. Registration recommended

Youth Lounge	Kailey Luo
M Jan 11-Mar 29	3:30PM-5:15PM
648811	FREE

Food, Cooking and Gardening

Youth Friday Night Fun

Youth Lounge	Kailey Luo
F Jan 15-Mar 26	3:30PM-5:30PM
645412	FREE

Martial Arts

Axe Capoeira Youth Kids (8-17yrs)
Space Permitting – Drop-in $20

Seniors MPR 251/252	Marcus Aurelio
Beginner	
Tu Th	6:00PM-6:30PM
Sa	1:00PM-1:30PM
Advanced	
Tu Th	6:30PM-7:00PM
Sa	1:30PM-2:00PM
$100/month	
Jul 02-Jul 30	
Beginners	620926
Advanced	620928
Aug 01-Aug 29	
Beginners	620927
Advanced	620929

Seiyu Karate for Teens (No Beginners)

CC Dojo	Vancouver Seiyu Karate
Th Jan 07-Mar 25	5:40PM-6:40PM
645896	$150/10 classes



Strikewell Youth Boxing

Space Permitting – Drop-in $25
No class Feb 15

CC Dojo	Strikewell Boxing
Level 1	
M Jan 04-Mar 22	4:00PM-5:00PM
644929	$220/11 classes
Level 1	
M Jan 04-Mar 22	5:00PM-6:00PM
644931	$220/11 classes

Taekwondo All Levels - Young Adult

CC Dojo	Wu's Taekwondo
Sa Jan 16-Mar 20	2:00PM-3:00PM
645887	$120/10 classes
Su Jan 17-Mar 14	10:00AM-11:00AM
645888	$108/9 classes

Traditional Kung Fu (6-18yrs)

CC 1/3 Gym & Pool MPR
Northern Shaolin Kung Fu Association

Jan 06-Mar 10	
Beginner	
W	4:30PM-5:45PM
Sa	12:45PM-2:00PM
645926	$297/19 classes
Intermediate	
W	4:30PM-6:15PM
Sa	12:45PM-2:30PM
645927	$316/19 classes
Advanced	
W	4:30PM-6:30PM
Sa	12:45PM-2:45PM
645928	$335/19 classes

Gentle Method Jiu Jitsu (10-15yrs) NEW!

Beginner-friendly Brazilian Jiu-Jitsu classes for children with age-specific programming that builds confidence, discipline, and self-defence skills with positional techniques and light sparring games. Classes focus on mobility and physical awareness, catering to all learning needs and levels.

A full Gi (kimono & belt) uniform can be purchased upon request; instruction will be a blend of gi and no-gi.

Please wear athletic clothing and check our website for more class details: gentlemethodjj.com.

CC Dojo	Gentle Method Jiu Jitsu
F Jan 22-Feb 12	5:00PM-6:00PM
654600	$84/4 classes
F Feb 19-Mar 19	5:00PM-6:00PM
654762	$105/5 classes
Sa Jan 16-Feb 13	6:00PM-7:00PM
654765	$105/5 classes
Sat Feb 20-Mar 27	6:00PM-7:00PM
654766	$126/6 classes

Sports

Future Bounce Basketball (Gr. 6-7)

CC 1/3 Gym	Future Bounce Athletic Association
W Feb 10-Mar 10	6:45PM-8:15PM
645696	$75/5 classes

Greenlight Basketball: Elementary Ballers (9-13yrs)

CC 1/3 Gym	Greenlight Basketball
M Jan 25-Mar 8	6:30PM-7:30PM
645697	$90/6 classes

Greenlight Basketball: Elementary Ballers Camp (9-12yrs)

No session Mar 16 & 23.

Week 1	
CC 1/3 Gym	Greenlight Basketball
M W Th F Mar 15-19	5:45PM-6:45PM
653555	$60/week
Week 2	
M W Th Mar 22-25	5:45PM-6:45PM
653562	$45/week

Instructional Badminton for 13-18yrs

No class on Jan 30, Feb 13, Mar 13

CC Full Gym	Howard Fok
Sa Jan 9-Mar 27	3:15PM-4:45PM
645685	$135/9 classes

Journey Basketball: Advanced

CC Full Gym	Journey Basketball
Th Jan 7-Mar 11	6:00PM-7:15PM
645707	$150/8 classes

Youth Volleyball Development Program

CC 1/3 Gym	Yashar Azhdari
F Jan 29-Mar 12	5:15PM-7:15PM
645711	$192.5/7 classes

Technology

Generative AI Art, Animation & Filmmaking

Room 203	Hamed Yar
Tu Jan 5-Feb 9	4:30PM-6:00PM
653533	$290/6 sessions

Volunteer Opportunities

Youth Volunteer Orientation

Seniors MPR 151/152	Youth Leader
W Jan 20-Jan 20	4:45PM-5:45PM
645709	



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GST will be added to program fee if applicable.

Youth Programs

Killarney Billiards/Pool Schedule

Welcome to the Killarney Billiards Area! Play pool and foosball with your friends after school! Here are some guidelines for when in the lounge area: Write your name down on the sign-up sheet to secure your turn to play on a rotation basis when others are waiting for a turn to play. Patrons can borrow pool cues and balls at the front desk. Please keep the space tidy and return the equipment to the front desk. Please use appropriate and respectful language, respect the equipment, respect direction from Killarney staff and be kind to other patrons. All players must be 12yrs or older. No adults are allowed in the billiard table section when it is youth time.

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
9:00AM-11:30AM	Senior's Pool	19yrs+	Senior's Pool	Senior's Pool	19yrs+	Open	Open
11:30AM-3:00PM	Open	Open	Open	Open	Open		
3:00PM-6:00PM	Youth Pool	Youth Pool	Youth Pool	Youth Pool	Youth Pool	Open	Open
6:00PM-close	Open	Open	Open	Open		Youth Pool	







Contact Emily, Community Youth Worker

Emily.hoang@vancouver.ca
604.718.8212

Follow or DM @killarneyccyouth for information about youth programs, services, youth opportunities and more!



Youth Gym Times

January – March 2027

No session on statutory holidays and Jan 12 & 26 and Feb 15

Pre-Teens 9-12yrs & Teens 13-18yrs. Schedule subject to change without notice.
Please refer to our Youth Instagram for updates. *No gym programs on statutory holidays.*

Welcome back to youth open gym at Killarney Community Centre! Looking to get back into the game and tune up your skills? Come through! You will need to check-in with a Youth Staff to attend the session. Please note the following rules to be followed in the gymnasium: Competition is permitted and masks are recommended. Wash your hands before and after play. No food or drink in the gymnasium. Use appropriate and respectful language. Respect the equipment (basketballs, volleyballs, nets, etc.). Respect direction from Killarney staff and be kind to other youth. Sessions are supervised by a Youth Program Assistant I/II or Community Youth Worker, but there is no instructor for this program. Please note each session will accommodate 40 youth participants maximum. First-come, first-served basis.

<table>
<tr><th>MONDAY</th><th>TUESDAY</th><th>WEDNESDAY</th><th>THURSDAY</th><th>FRIDAY</th><th>SATURDAY</th></tr>
<tr><td rowspan="2">Pre-Teen & Teen
Open 2/3 Gym
(10-18yrs)
3:15-5:00pm</td><td rowspan="2">Pre-teen & Teen
Open Full Gym
(10-18yrs)
3:15-5:30pm</td><td></td><td></td><td>Pre-Teen & Teen
Open Full Gym
(10-18yrs)
3:15-5:00pm</td><td>Youth Badminton
Drop-In
(13-18yrs)
Full Gym
5:00-7:00pm</td></tr>
<tr><td></td><td></td><td>Session 1:
6:15-7:45pm
Session 2:
8:00-9:30pm</td><td>*Youth Volleyball
Full Gym
(13-18yrs)
7:30-9:30pm</td></tr>
<tr><td colspan="6">*Youth Volleyball & Youth Badminton will require registration for each weekly session – open 1 day in advance at 12pm. Please do not register back-to-back sessions. Staff has the right to withdraw you from a session to create space for other youth.</td></tr>
</table>



Adult Programs

For full details on programs, please visit vanrec.ca and type the activity name or number in the search bar, or simply open the camera app on your phone and scan the QR code below!

Scan me
for program details!

Adapted Access

Adapted Open Gym

Space Permitting - Drop-in $3

CC 1/3 Gym	No Instructor
F Jan 29-Mar 19	1:30PM-3:00PM
645869	$16/8 classes



Boccia

Space Permitting - Drop-in $2

Seniors Grand Hall	Claire Coleman
Sa Jan 09-Mar 27	1:30PM-3:30PM
641670	$22/12 classes

Arts, Dance & Culture

Adult Hip-Hop & Street Dance

Space permitting - Drop-in $16
No class Feb 15 & Mar 8

Seniors MPR 251/252	Rita Barieieva
M Jan 11-Mar 22	6:30PM-7:30PM
645861	$135/9 classes

Bellydance

Space Permitting - Drop-in $11.50

CC Room 205	Kathleen Sharp
Free Trial	
W Jan 06	7:30PM-8:45PM
645858	Free/1 class
Set 1	
W Jan 13-Feb 17	7:30PM-8:45PM
645856	$63/6 classes
Set 2	
W Feb 24-Mar 31	7:30PM-8:45PM
645857	$63/6 classes

International Line Dancing - Beginner to Improver

Space Permitting - Drop-in $8

CC Room 205	Ewena Chow
Tu Jan 05-Mar 23	7:30PM-9:00PM
645855	$84/12 classes

In order to keep Killarney's pricing low we separate some of our seasonal programs into multiple sets. Leisure Access Discount patrons are eligible to receive the 50% discount on both sets (excluding pool & rink programs).

Line Dancing

Space Permitting - Drop-in $5.25
No class Feb 26, Mar 5 & 12

CC Room 203	Agnes Lo
F Jan 08-Mar 26	12:30PM-1:30PM
644804	$40.50/9 classes



Young at Heart Chinese Choir

Do you love to sing? Come sing with us! The Young at Heart choir welcomes new voices to join our friendly group. You will learn basic singing skills from our Choir Master. We sing a fun mix of folk, pop and classic songs. We perform at Christmas events, Care Homes and host an annual concert in June. Singing keeps us young and vibrant! Note: No Registration after the 2nd class.

Seniors MPR 151/152 Sze Lok Wong
Tu Jan 5-Mar 30 9:30 AM-11:00 AM
643250 $130/13 classes



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Education

Artificial Intelligence (AI) Basic Literacy

CC Room 201 — Jason Tse
Set 1
Tu Th Jan 12-Feb 4 — 3:30PM-5:00PM
655563 — $250/8 classes
Set 2
Tu Th Feb 9-Mar 4 — 3:30PM-5:00PM
655564 — $250/8 classes

Blended Basic First Aid: CPR/AED Level C (13yrs+)

CC Preschool 2 — First Aid Pro
Su Jan 24 — 9:30AM-1:30PM
645450 — $94.99/person
Su Feb 21 — 9:30AM-1:30PM
645451 — $94.99/person
Su Mar 21 — 9:30AM-1:30PM
645452 — $94.99/person

Charcoals from Invasive Plants NEW!

Join in to make your own drawing charcoal from scratch. We'll work with upcycled, invasive trees, learning about their stories, histories, and identification, while we come away with tins of handmade art charcoal to create with.

CC Room 203 — Joshua Ralph
M Feb 15 — 6:45PM-8:15PM
645905 — $12/1 class

English Corner

CC Room 203 — Bijan Adlparvar
Th Jan 14-Mar 18 — 6:30PM-8:00PM
645875 — Free/10 classes

In order to keep Killarney's pricing low we separate some of our seasonal programs into multiple sets. Leisure Access Discount patrons are eligible to receive the 50% discount on both sets (excluding pool & rink programs).



Art Sushi Workshop - Decorative Sushi Rolls

Seniors Kitchen 154 — Motoko Eto
Su Jan 31 — 10:00AM-11:30AM
654691 — $60/class
Su Feb 7 — 10:00AM-11:30AM
654696 — $60/class
Su Mar 14 — 10:00AM-11:30AM
654698 — $60/class



Hong Kong-Style Pastry Lab NEW!

A hands-on introduction to the pastry counter of a Hong Kong bakery and dim sum restaurant: egg tart, curry beef puff, char siu (Cantonese BBQ pork) pastry, and creamy seafood puff)

Seniors Grand Hall 153/Kitchen
Abraham Wong
Su Jan 10 — 2:00PM-4:00PM
654928 — $75/1 class

Siu Mai, Three Ways NEW!

The open-topped steamed dumplings from dim sum: pork, shrimp & shiitake mushroom; curry seafood; and chicken & water chestnut. Filling texture, shaping, steaming and finishing.

Seniors Grand Hall 153/Kitchen
Abraham Wong
F Jan 22 — 6:30PM-8:30PM
654936 — $75/1 class

Nin Go & Lo Bak Go NEW!

Two Lunar New Year cakes in one class: sweet, chewy steamed Nin Go, and savoury Lo Bak Go (turnip cake), pan-fried until crisp.

Seniors Grand Hall 153/Kitchen
Abraham Wong
Th Jan 28 — 6:30PM-8:30PM
654937 — $75/1 class

Hong Kong Dessert Lab NEW!

Traditional Cantonese desserts built on beans, seeds, nuts, fruit and grains, with gently sweetened soups and puddings, and the story behind each one.

Seniors Grand Hall 153/Kitchen
Abraham Wong
Th Feb 11 — 6:30PM-8:30PM
654938 — $75/1 class



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Adult Programs

Introduction to Rug Hooking

NEW!

Explore your inner creativity–and discover a meaningful chance to recharge for yourself–through the simple, relaxing, meditative, and rhythmic art of rug hooking. It is incredibly easy to learn (featuring only one stitch) and has "no mistakes" (loops pull right out). In this introductory course you will learn the basics of rug hooking, including a brief history of the craft, essential equipment and material, and the foundational techniques of creating loops to successfully begin a small mat project. All materials and a take home kit included.

Seniors Grand Hall — **Corinne Sanderson**
Su Mar 21 — **12:30PM-3:00PM**
645947 — **$65/1 class**

In order to keep Killarney's pricing low we separate some of our seasonal programs into multiple sets. Leisure Access Discount patrons are eligible to receive the 50% discount on both sets (excluding pool & rink programs).

Don't be disappointed

Great courses with excellent instructors sometimes get cancelled because people wait until the last minute to register.

Courses are based on a minimum number of registrants so the course can recover costs.

If you wait and we don't make the minimum you may never see that course again.

Please Register Early!! We give full refunds for all cancelled classes.

Printmaking Ink from Invasive Trees

NEW!

Learn monoprinting techniques and make your own printmaking ink in this hands-on workshop. Working with invasive European Mountain Ash, we'll render the plant into a thick, black ink, then transform tree cookies into a print making surface. Participants will come away with their own, fully nature-based art.All supplies are provided but feel free to bring your own stamps.

CC Room 203 — **Joshua Ralph**
M Mar 15 — **6:45PM-8:15PM**
645906 — **$18/1 class**



Salve & Tea with Invasive Plants

Start your day off with an easy-going session of making salve, drinking tea, and learning about local ecosystems. Along with collectively making the salve tins from locally harvested Lemon Balm, we will be sampling a variety of teas from invasive plants and "weeds" that call the Lower Mainland home while learning about their histories and stories.This workshop is not suited for individuals who have or suspect they have thyroid troubles.

CC Room 203 — **Joshua Ralph**
M Jan 25 — **6:45PM-8:45PM**
645901 — **$18/1 class**



¡Hablemos! Spanish for Beginners

NEW!

Have you always wanted to learn Spanish? Now is the perfect time to start! Discover the Spanish language and culture in a fun and welcoming environment. Learn essential vocabulary, useful everyday phrases, and basic pronunciation to start communicating with confidence. Through engaging and practical activities, you'll take your first steps towards speaking Spanish. No previous experience required–just bring your curiosity and enthusiasm!

Space permitting - Drop-in $28
No class Feb 16

Seniors Grand Hall — **Maria Sola Adell**
Tu Jan 12-Mar 16 — **6:30PM-8:00PM**
645939 — **$220/10 classes**

Create Your First Mosaic Workshop

NEW!

Create a 10x10" stained glass wall mosaic in this hands-on, two-Saturday workshop (8 hours total). Learn the full process from design and glass cuttin to gluing and grouting. No experience mneeded; all materials provided

CC Room 201 — **Jaime Giraldo**
Sat — **9:30AM-1:30PM**
Jan 23 & 30 — **653551**
Feb 20 & 27 — **653552**
Mar 20 & 27 — **653554**
$180

Fitness & Health

Full Body Stretching

Space Permitting - Drop-in $7.50
No class Feb 15

M Jan 04-Mar 22	11:40AM-12:10PM
645870	$77/11 classes
W Jan 06-Mar 24	10:50AM-11:20AM
645871	$84/12 classes

Intro to Weight Training

Fitness Centre	Matsuo Higa
Su Jan 03-Jan 24	2:15PM-3:15PM
644936	$52/4 classes
Su Feb 07-Feb 28	2:15PM-3:15PM
644937	$52/4 classes
Su Mar 07-Mar 28	2:15PM-3:15PM
644938	$52/4 classes

In order to keep Killarney's pricing low we separate some of our seasonal programs into multiple sets. Leisure Access Discount patrons are eligible to receive the 50% discount on both sets (excluding pool & rink programs).

Pilates PowerLab

NEW!

Space Permitting - Drop-in $13

Pilates PowerLab is a full-body fusion class that strengthens the deep stabilizing muscles around the hips, shoulders, and spine, while building a solid, resilient core. Every session blends classical Pilates principles with targeted strength-training drills to create a balanced, intelligent workout. This class emphasizes the Pilates mind-body connection – breath, concentration, precision, and endurance – so participants feel grounded, strong, and fully engaged throughout the workout. Pilates PowerLab is designed to challenge the body safely, build confidence, and leave you feeling powerful from the inside out.

Seniors MPR 251/252	Gail Dibernardo
Sa Jan 09-Mar 20	9:15AM-10:30AM
645877	$132/11 classes

Pilates

Space Permitting - Drop-in $11.50

Seniors MPR 251/252	Nahid Sarhaddi
W Jan 13-Mar 31	6:15PM-7:15PM
645876	$126/12 classes

Pilates & Yoga Strength & Stretch

Space Permitting - Drop-in $12
No class Feb 13

Seniors MPR 251/252	Galina Ershova
Su Jan 10-Mar 21	9:30AM-10:30AM
645862	$143/10 classes

Sound Bath Meditation & Reiki

Space permitting - Drop-in $25

Seniors Grand Hall	Viola Choy
M Jan 04-Feb 08	6:00PM-7:30PM
641692	$120/6 classes
M Feb 22-Mar 22	6:00PM-7:30PM
641693	$100/5 classes

Yoga Flow & Core

Space Permitting - Drop-in $10

Seniors MPR 251/252	Cecilia Barbero
F Jan 08-Feb 12	9:30AM-10:30AM
645872	$54/6 classes
F Feb 19-Mar 19	9:30AM-10:30AM
645873	$45/5 classes



Adult Programs

Martial Arts

Arnis/Eskrima - Filipino Martial Arts

No class Feb 15
CC Room 205 Michael Ekkers
Trial Class
M Jan 04 6:45PM-7:45PM
641671 $5/1 classes
Entry Class
M Jan 11-Mar 22 6:45PM-7:45PM
641672 $160/10 classes
Continuing
M Jan 11-Mar 22 8:00PM-9:00PM
641673 $160/10 classes

Axe Capoeira Adults - Feb

Cardio Kickboxing

Space Permitting – Drop-in $16
CC Room 205 Ken Low
Trial Class
Th Jan 07 7:30PM-8:30PM
645866 Free/1 class
Th Jan 14-Feb 18 7:30PM-8:30PM
645867 $90/6 classes
Th Feb 25-Mar 25 7:30PM-8:30PM
645868 $75/5 classes

Ki Aikido

Space Permitting - Drop-in $8
CC Dojo Emily Aspinwall
Sa Jan 16-Mar 27 10:00AM-11:45AM
645859 $77/11 classes

Muay Thai Kickboxing

Space Permitting – Drop-in $16
CC Dojo Edwin Dela Cruz
Free Demo
W Jan 20 6:30PM-7:30PM
645850 Free/1 class
W Jan 27-Feb 24 6:30PM-7:30PM
645851 $75/5 classes
W Mar 03-Mar 31 6:30PM-7:30PM
645852 $75/5 classes
F Jan 22-Feb 19 6:30PM-7:30PM
645853 $75/5 classes
F Feb 26-Mar 19 6:30PM-7:30PM
645854 $60/4 classes

Seiyu Karate Light for Beginners

Dojo Vancouver Seiyu Karate
Th Jan 21-Mar 25 7:15PM-8:15PM
645897 $150/10 classes

Seiyu Karate (No Beginners)

CC Dojo Vancouver Seiyu Karate
Tu Jan 19-Mar 23 7:00PM-8:00PM
645895 $150/10 classes

Strikewell Adult Boxing

Space Permitting - Drop-in $25
CC Dojo Strikewell Boxing
Level 1
Set 1
M Jan 18-Feb 8 6:15PM-7:15PM
644807 $80/4 classes
Set 2
M Feb 22-Mar 22 6:15PM-7:15PM
644809 $100/5 classes
Level 2
Set 1
M Jan 18-Feb 8 7:30PM-8:30PM
644920 $80/4 classes
Set 2
M Feb 22-Mar 22 7:30PM-8:30PM
644924 $100/5 classes

Gentle Method Jiu Jitsu (16+yrs) NEW!

Gentle Method JJ offers beginner-friendly Brazilian Jiu-Jitsu classes for adults interested in self-defence, physical fitness, functional mobility, and a puzzle-like stress reliever. A full Gi (kimono & belt) uniform can be purchased upon request; instruction will be a blend of gi and no-gi.Please wear athletic clothing and check our website for more class details: gentlemethodjj.com.

CC Dojo Gentle Method Jiu Jitsu
Sa Jan 16-Feb 13 7:00PM-8:00PM
654768 $105/5 classes
Sat Feb 20-Mar 27 7:00PM-8:00PM
654769 $126/6 classes
Su Jan 17-Feb 14 5:30PM-6:30PM
654768 $105/5 classes
Su Feb 21-Mar 28 5:30PM-6:30PM
654769 $126/6 classes

Tai Chi with Sifu Marquis Lung - Yang Form Ku Style

CC 1/3 Gym; Grand Hall 152
Northern Shaolin Kung Fu
Sa Jan 09-Mar 06 10:00AM-11:45AM
645924 $156/9 classes

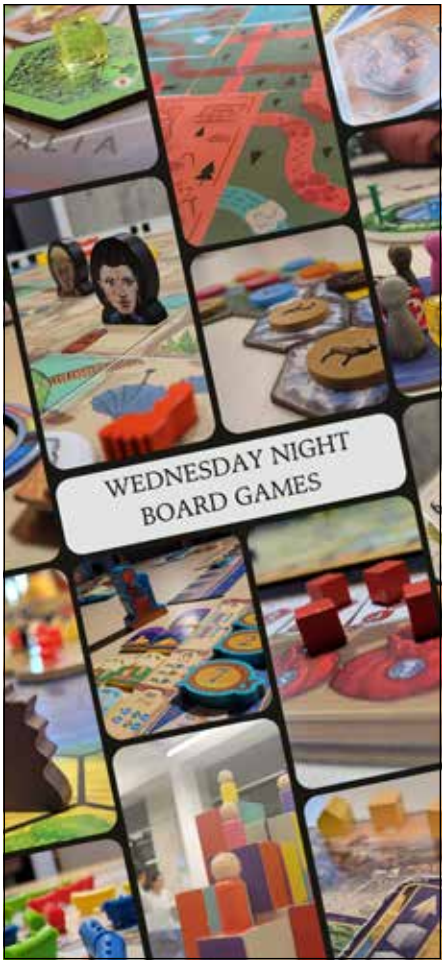
Social

Community Board Games

Seniors Grand Hall
W Jan 06-Mar 31 6:30PM-9:30PM
644941 $2.85/drop-in

Community Board Games - Epic Sunday gaming

Seniors Grand Hall
W Jan 06-Mar 31 6:30PM-9:30PM
644941 $2.85/drop-in



Sports

Adapted Open Gym

Space Permitting - Drop-in $3

CC 1/3 Gym	No Instructor
F Jan 29-Mar 19	1:30PM-3:00PM
645869	$16/8 classes

Boccia

Space Permitting - Drop-in $2

Seniors Grand Hall	Claire Coleman
Sa Jan 09-Mar 27	1:30PM-3:30PM
641670	$22/12 classes

Basketball

Space Permitting - Drop-in $5.75

CC Full Gym	Non Instructional
Tu Feb 09-Mar 30	7:50PM-9:35PM
645915	$36/8 classes

Basketball - Women's

Space Permitting - Drop-in $5.75

CC Full Gym	Non Instructional
Tu Feb 09-Mar 30	6:00PM-7:40PM
645916	$36/8 classes

Badminton Lessons - All Levels Tu/Th

No class on Jan 26, Jan 28, Feb 2, Feb 4

CC 2/3 Gym	Howard Fok
Set 1	
Th Feb 25-Mar 25	9:00AM-10:30AM
645693	$75/5 classes
Th Jan 7-Feb 18	9:00AM-10:30AM
645682	$75/5 classes
Set 2	
Tu Feb 23-Mar 30	11:00AM-12:30PM
645679	$90/6 classes
Th Feb 25-Mar 25	9:00AM-10:30AM
645693	$75/5 classes



Indoor Soccer

Space Permitting - Drop-in $5.75

CC 2/3 & Gym	Non Instructional
Th Jan 07-Mar 25	7:45PM-9:30PM
645921	$45/10 classes

Pickleball Lessons: Intermediate

Space Permitting - Drop-in $24

CC Full Gym	BC Pickle School
Th Feb 11-Mar 25	10:45AM-12:30PM
645956	$147/7 classes

Table Tennis

Space Permitting - Drop-in $5

Private lessons avaialble
$7.14/15minsutes in space permits

CC 2/3 Gym	Danny Ho
W Feb10-Mar 31	7:45APM-9:30PM
Th Feb 11 – Mar 25	1:00PM-3:30PM
Su Feb 14-Mar 28	1:45PM-4:30PM
645865	$45/10 Pass Card

Volleyball

Space Permitting - Drop-in $5.75

CC 2/3 Gym	Non Instructional
M Jan 04-Jan 18	7:45PM-9:30PM
645910	$13.50/3 classes
CC 1/3 Gym	Non Instructional
M Jan 25-Feb 01	7:45PM-9:30PM
645911	$9/2 classes
CC Full Gym	Non Instructional
M Feb 22-Mar 29	7:45PM-9:30PM
645913	$27/6 classes

Pickleball Recreational Play

Space Permitting - Drop-in $5

Registration opens at 9:00AM, 3 dayas prior to program start

CC 2/3 Gym	Non Instructional
M Jan 4-18	1:00PM-3:00PM
F Jan 8-22	11:45AM-1:15PM
CC Full GYM	
M Feb 8-Mar 22	1:00PM-3:00PM
F Feb 11-Mar 19	11:45AM-1:15PM

Sports Drop-in Policy

Just a reminder that registered patrons MUST arrive no later than 15 minutes after the activity start time and sign-in at the front desk, or their spot will be forfeited to a drop-in player. Drop-in patrons can place their names on the waitlist up to 15 minutes prior to the activity start time, in person ONLY and MUST not play until they have paid.

Photo ID may be requested to confirm registration at the time of sign-in.



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Workshops

Scan me
for program details!



Estate Planning: Beyond the Will

Estate planning extends beyond just the legal documents. The goal is to provide your loved ones with the greatest amount of support in the event of your passing. By organizing your affairs and documenting your plans, you help ensure that assets will be distributed, and financial arrangements will be made, based on your objectives. Proper planning will minimize taxes; lower professional fees and other expenses; and maximize the funds your beneficiaries will receive.

Seniors MPR 251/252 **David Perkins**
F Feb 5 **1:30 PM-3:00 PM**
643964 **FREE**

Can I Afford to Stay in the Home I Love?

Do you ever worry about the financial burden of growing older in your own house? You aren't alone. Join our interactive community chat to explore how your home can actually help support you. We'll discuss the everyday costs of staying put and how the money tied up in your house can ease your financial stress. We'll also explain how a reverse mortgage might be a solution to get extra cash, so you can comfortably stay right where you belong. Come find peace of mind! Reserve your spot today.

CC Room 202 **TBA Instructor**
CANTONESE
Tu Mar 2 **10:30 AM-11:30 AM**
643982 **FREE**
ENGLISH
Tu Mar 2 **11:30 AM-12:30 PM**
643983 **FREE**

Age with Confidence

Want to maintain your mobility, confidence, and independence as you age? Join us for an engaging and informative workshop to learn practical strategies for maintaining balance, preventing falls, and enjoying a healthier, more active lifestyle.

CC Room 202 **Rebecca Lam**
Tu Mar 23 **10:15 AM-11:15 AM**
643967 **$15/1 classes**



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Falls Prevention

The alarming impact falls have on the well-being of seniors and hazards that contribute to the likelihood of falls are reviewed. Safeguards and suggested exercises to improve balance and strength are recommended.

CC Room 202 **COSCO**
Tu Jan 12 **1:30 PM-3:00 PM**
650691 **FREE**

Technology and Aging

Learn how technology can help manage the demands of daily living, connect with family and friends and access assistance when needed.

CC Room 203 **COSCO**
Tu Feb 9 **1:30 PM-3:00 PM**
650697 **FREE**

Navigating the Health Care System

Many of the available medical services and what you can expect from them are reviewed. Effective communication between the patient and their healthcare provider is emphasized.

CC Room 202 **COSCO**
Tu Mar 9 **1:30 PM-3:00 PM**
650701 **FREE**

Medical Cannabis & Arthritis

Learn how and why cannabis can help with pain, and how access cannabis for medical purposes.

CC Room 202 **OASIS**
Tu Jan 19 **2:00 PM-3:00 PM**
650562 **FREE**

Hand Arthritis

Learn management strategies for hands/wrists that are affected by arthritis on topics such as joint protection, exercise and pain management.

CC Room 202 **OASIS**
W Feb 3 **10:00 AM-12:00 PM**
650587 **FREE**

Supplements & Arthritis

This class focuses on vitamins, minerals, herbs, probiotics, prebiotics, and "natural supplements" for arthritis. Learn about the safety, quality and dosages of supplements, how they interact with medications and side effects.

CC Room 202 **OASIS**
Tu Feb 9 **1:00 PM-3:00 PM**
650593 **FREE**

Shoulder Arthritis

Learn management strategies for shoulders that are affected by arthritis on topics such as joint protection, exercise and pain management.

CC Room 202 **OASIS**
W Feb 24 **10:00 AM-12:00 PM**
650595 **FREE**

Managing Hip & Knee Arthritis

Learn about arthritis in these commonly affected joints, ways of managing your arthritis without surgery, and what happens if you need joint replacement surgery.

CC Room 202 **OASIS**
Tu Mar 2 **1:00 PM-3:00 PM**
650598 **FREE**





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GST will be added to program fee if applicable.



EAT, CHAT, THRIVE FOR 55YRS+

Lunch Program

Join us at Killarney Community Centre for a delicious lunch made with fresh ingredients, served in a warm and welcoming setting. It's a great way to connect, socialize, and enjoy time with friends—both old and new!











Mondays, Tuesdays, Thursdays & Fridays

Take out	**10:45AM**
Dine-In	**11:30AM**
Drop-In	**11:45AM**

Registration is required for the Lunch program.
Maximum 20 drop-ins based on first come first served for dine-in. Drop-in tickets sold after 11:45AM.

$9.05 plus GST **10 visit lunch card $90.50 plus GST**

Please visit www.killarneycentre.ca to view the monthly menu.

Eat, Chat, Thrive

LUNCH PROGRAM - WINTER 2027

Registration & Menu Schedule

MONDAY - TUESDAY - THURSDAY - FRIDAY

Month	Menu	Registration
January	Dec 18	Dec 22
February	Jan 22	Jan 26
March	Feb 19	Feb 23
April	Mar 19	Mar 23

REGISTRATION

Online & In-person: 9:00am | Telephone: 12:00pm

PROGRAM DETAILS & REFUND POLICY

10 lunch pass visits = $90.50 + GST | 1 lunch = $9.05 + GST

Use KEYWORD "Killarney Eats" when registering online

Refunds for lunch reservations are available until 5:00pm on the day before the scheduled lunch. Requests made after this deadline will not be eligible for a refund.

Take Out (Max 40 Lunches)

Pre-registration required

- Pick up at **10:45am**
- Max 2 orders per customer
- Includes entrée, dessert, & juice

Dine In (Max 90 Lunches)

Pre-registration required

- Payment taken as early as 11:15pm
- Serving lunch will begin at **11:30am**
- Max 2 orders per receipt per lunch
- Includes entree, desert, & coffee, tea OR Juice
- Patrons will be invited to line up for lunch in order of their assigned number, which is based on the check in time at the Seniors Reception Desk. Kindly wait until your number is called by the staff before lining up.
- Please do not reserve seats in the dining room, there is a seat for each person who is reserved.

Drop In (20 Guarnateed)

- 20 guaranteed first come first serve drop-in spots available after **11:45am**
- Payment will be taken after 11:45am
- Drop Ins must use seating in Seniors Lounge
- 1 Drop-in order per customer (In-person only)
- Should there be excess food, more drop-in meals may be available for purchase.
- If you have already purchased a meal, please wait until 12:15pm before inquiring for a second meal.

For full details on programs, please visit vanrec.ca and type the activity name or number in the search bar, or simply open the camera app on your phone and scan the QR code below!

Scan me
for program details!

Join Our Community Volunteer Gardeners Team!

Passionate about gardening or just eager to lend a hand? We invite you to join us in nurturing our small community garden nestled in the Seniors Grand Hall patio. Help with planting, watering, and weeding on a rotating basis, ensuring the wellness of our vibrant vegetables. Your efforts directly support the Killarney Seniors Centre Lunch program as all produce from the garden is supplied there. No prior experience required–just bring your enthusiasm and a willingness to make a difference! Let's grow together.
Email killarneyseniorscentre@vancouver.ca to inquire.






Killarney Seniors Council

Seniors Council Members May 2026 - April 2027

President: Ken Ross

Vice President: Linda Chow

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Email killarneyseniorscentre@vancouver.ca to participate in our volunteer opportunities.

Stay informed with Killarney Seniors Centre programs & activities by subscribing to the E-Newsletter

If you would like to receive the Killarney Seniors Centre E-Newsletter on a monthly basis, please subscribe by emailing us at killarneyseniorscentre@vancouver.ca. We won't share your information with any other organizations and you can unsubscribe at any time. By signing up you consent to receiving electronic communications from the Killarney Seniors Centre.

Adapted Access

Chair Yoga

Good for Yoga beginners. Gentle yoga moves while in a seated position will benefit your joints and muscle areas and help reduce the pain from arthritis, osteoporosis, previous injury, stiff joints and so much more. Some posted can also be done standing using a chair for support. Stretching, deep breathing & meditation techniques are incorporated into this workout and will leave you with a feeling of connected BODY+MIND+SOUL. Regular yogi's welcome to attend.

Space Permitting - Drop-in $12.50

Seniors MPR 151/152	**Keiko Murakami**
W Jan 20-Feb 17	**3:45 PM-4:45 PM**
643256	**$57.5/5 classes**
W Feb 24-Mar 24	**3:45 PM-4:45 PM**
643257	**$57.5/5 classes**

Senior's Programs

FAME for Stroke

Designed specifically and proven to improve fitness, mobility and strength for people after stroke living in the community. This small group class (1:4 instructor to student ratio) includes functional strengthening exercises, agility, fitness and balance exercises. Suitable for people at any time after stroke who are medically stable for exercise and can stand for 5 minutes, walk for 10 meters (even with a walking aid), stand up from a chair on their own, and communicate with the instructor. www.fameexercise.com. No session Feb 15.ParQ+ is mandatory for all participants.Note: This FAME program is part of a research program conducted by researchers at the University of British Columbia. Registrants may be contacted by the research team to discuss interest in potential participation in an optional research study. You do not have to participate in the research study to participate in the FAME program.

Seniors MPR 151/152 **Andree Dansereau**
M W Jan 18-Mar 10 **12:00 PM-1:00 PM**
643222 **$240/15 classes**

Minds in Motion Chinese

A fitness and social program for people living with any form of early-stage dementia along with a care partner or friend. Gentle exercises are followed by social activities designed to be enjoyed in pairs. Care partners must attend. You may bring a water bottle. Program is partnered with BC Alzheimer's Society. Social program is run in Cantonese. Registration fees include the cost of the person living with dementia and one care partner. Start at any time and pay a pro-rated registration fee.No Session Sep 25As this program has specific registration guidelines, please visit us in-person or call us at 604-718-8201 to enroll in this program.

Seniors MPR 151/152 **Nahid Sarhaddi**
F Jan 15-Mar 5 **1:30 PM-3:30 PM**
643978 **$52/8 classes**

Art & Culture

Ballroom Dance - Wed AM

Our group aims to improve dance skills for seniors while emphasizing health and social well-being. Dance Instruction may be provided.

Space Permitting – Drop-in $1.50

CC Room 205 **Non Instructional**
W Jan 6-Mar 31 **9:00 AM-10:30 AM**
643231 **$16.25/13 classes**

Ballroom Dance Lesson Set 1 - Slow Foxtrot - Silver

60 minute Ballroom Dance Lessons

Students will have 30 minutes from 9:00am-9:30am to practice the steps they have just learned.

Space permitting - Drop in: $10
No session on Feb 15

CC 1/3 Gym **Kessa Wills**
Set 1 – Slow Foxtrot - Silver
M Jan 25-Feb 22 **9:00 AM-10:30 AM**
643228 **$36/4 classes**
Set 2- Quickstep – Silver
M Mar 1-Mar 22 **9:00 AM-10:30 AM**
643229 **$36/4 classes**





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Don't be disappointed

Great courses with excellent instructors sometimes get cancelled because people wait until the last minute to register.

Courses are based on a minimum number of registrants so the course can recover costs.

If you wait and we don't make the minimum you may never see that course again.

Please Register Early!! We give full refunds for all cancelled classes.

Cantonese Opera Singing

Unveil the enchanting world of Cantonese opera singing with our immersive program! Dive deep into the artistry of this ancient tradition and discover the secrets of mesmerizing performances. In our classes, expect intensive vocal training that explores the nuances of Cantonese opera vocal techniques, perfecting your breath control and tone modulation. Hone your skills as you refine your Cantonese pronunciation and diction, allowing you to convey the profound emotions embedded in each piece. Embrace the stage with confidence as you learn the proper posture, gestures, and presence essential for an authentic Cantonese opera performance.

Space permitting - Drop in: $13

Seniors MPR 151/152 **Rosa Cheng**
M Jan 4-Mar 22 **3:00 PM-4:30 PM**
643242 **$132/11 classes**

Friday Art Group

Calling all art enthusiasts! Join our Art Group for a creative gathering. Bring your lunch, drawing or painting supplies. No oils, please. This self-led program is a perfect opportunity to unleash your artistic flair!

CC Room 202 **Non Instructional**
F Jan 8-Mar 19 **9:00 AM-1:00 PM**
643989 **FREE**



Chinese Xinjiang Dance Class

Experience the vibrant energy and profound cultural heritage of Xinjiang through dynamic dance. This initiative aims to use Chinese Xinjiang dance as an artistic window to foster deeper cultural exchange and mutual appreciation within Canada's multicultural landscape. The Chinese Xinjiang dance class will offer and immersive journey: learn traditional dance movements, and enjoy the joy of dancing together. Open to all levels!

Space Permitting - Drop-in $3

Seniors MPR 151/152 **Bing Liu**
Sa Jan 9-Mar 27 **3:45 PM-5:45 PM**
643262 **$24/12 classes**



Senior's Programs

Chinese Folk Dance

China has many ethnic groups. Each has its own unique dance, music and apparel. The class introduces you to all those aspects. The dance provides exercise to your body and mind. At the same time, you will learn the culture, music, and much more. You are welcome to join us.

CC Room 205	Vue Joan Ng
Tu Jan 5-Mar 30	11:00AM-1:00PM
654245	$29.25/13 classes
Th Jan 7-Mar 25	11:00AM-1:00PM
654246	$27.00/12 classes

Indo Canadian Senior Women's Gathering

This social group explores health and wellness activities while gaining new methods for Community Living. In addition to Wednesday's, program meets 3rd Sunday of the month in CC Room 211. Contact Resham Sandhu @ 604-430-3115 for more info.

CC Room 202	Resham K Sandhu
Su W Jan 6-Mar 31	12:30 PM-2:30 PM
643238	FREE

Karaoke

Experience the magic of Karaoke with our multilingual program. Sing your heart out in English, Cantonese, and Mandarin, creating joyful memories through laughter and music. Join us for an unforgettable karaoke extravaganza!

Space Permitting - Drop-in $3.10
No session Feb 15

CC Room 203	Non Instructional
M Jan 4-Mar 29	11:30 AM-4:00 PM
643990	$14.29/12 classes



Latin Ballroom Dance Lesson

60 minute Latin Ballroom Dance Lessons. Students will have 30 minutes from 11:45am-12:15pm to practice the steps they have just learned.

Space permitting - Drop in: $10

CC Room 205	Roland Michtchenko
Set 1- Cha Cha - Silver	
W Jan 6-Jan 27	10:45 AM-12:15 PM
643223	$36/4 classes
Set 2 – Mambo – Bronze/Silver	
W Feb 3-Feb 24	10:45 AM-12:15 PM
643224	$36/4 classes
Set 3 – Samba - Silver	
W Mar 3-Mar 31	10:45 AM-12:15 PM
643225	$45/5 classes

Line Dancing Beginners

Come out and join our friendly group of dancers. It's good fun and great exercise with a wide variety of music; rumba, cha cha, waltz and 2-step. Learn and practice the dances in a friendly, social atmosphere. Beginners (drop ins or registering): If joining the class after the 3rd week of lessons you must know some basic steps and terminology.

Space permitting - Drop in: $5.25
No session Feb 15

Seniors MPR 151/152	Al Serfas
M Jan 4-Mar 15	10:30 AM-11:30 AM
643260	$42.50/10 classes

Line Dancing Beyond Beginners

Come out and join our friendly group of dancers. It's good fun and great exercise with a wide variety of music; rumba, cha cha, waltz and 2-step. Learn and practice the dances in a friendly, social atmosphere. Beginners (drop ins or registering): If joining the class after the 3rd week of lessons you must know some basic steps and terminology.

Space permitting - Drop in: $5.25
No session Feb 15

Seniors MPR 151/152	Al Serfas
M Jan 4-Mar 15	9:15 AM-10:15 AM
643261	$45/10 classes

Senior and Adult Social Dance

Put on your dancing shoes and get ready to swirl and sway at our Senior & Adult Social Dance Program! Join us for a delightful afternoon of dance where you can Fox Trot, Waltz, and Rumba to the enchanting tunes of old-time music. Plus, don't miss our exclusive practice opportunities to refine your moves and perfect your steps. Come and relish the joy of dancing while creating wonderful memories with like-minded individuals!

Space permitting - Drop in: $4.25
No session Mar 25

CC Room 205	May Leung
Tu Th F Jan 5-Mar 30	2:00 PM-4:00 PM
643979	$22.05/10 Visit Card

Senior Mens Get Together

This Non-profitable Mens group meets once a week to listen to worldwide news including news from India, poems, songs, jokes and stories. Refreshments are served in every meeting. More info Contact Gurdial 604.715.9228.

No session Feb 15

CC Room 202	Non Instructional
M Jan 4-Mar 29	12:00 PM-1:30 PM
643993	FREE


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Sewing Seniors

Welcome to our Seniors Social Sewing Community! Join us as experienced sewers share their knowledge and skills in a friendly and supportive environment. No formal instruction, just a love for sewing and fostering connections. Let's stitch together!

CC Room 202 **Non Instructional**
Th Jan 7-Mar 25 **9:30 AM-12:00 PM**
643996 **$7/12 classes**

Sing Chinese Golden Oldies and Pop Hits (Cantonese&Mandarin)

Taught by pop music DJ Richard. Program explained in Cantonese/ Mandarin. No singing experience required. You don't have to speak Cantonese or Mandarin. You'll learn all kinds of singing techniques from the great songs selected to turn you into a great singer. And you'll love singing forever.

Space permitting - Drop in: $9

Seniors MPR 151/152 **Richard Tang**
Tu Jan 5-Mar 23 **1:45 PM-3:45 PM**
643952 **$96/12 classes**

Don't be disappointed

Great courses with excellent instructors sometimes get cancelled because people wait until the last minute to register.

Courses are based on a minimum number of registrants so the course can recover costs.

If you wait and we don't make the minimum you may never see that course again.

Please Register Early!! We give full refunds for all cancelled classes.



Sing Like A STAR!

A unique & innovative singing program offering improved breathing, beat-counting and practical singing techniques. You can practice singing just by using your smartphone with youtube. 100's of English Golden Oldies specially picked will turn you into a refined vocalist. Program taught and explained in Cantonese/ Mandarin/English. All songs are fun to learn, great to sing, and incredibly beautiful to listen to. Popular music from the 50's – 80's. No singing experience necessary.

Space permitting - Drop in: $9

Seniors MPR 151/152 **Richard Tang**
Sa Jan 9-Mar 20 **10:45 AM-12:45 PM**
643953 **$88/11 classes**

Young at Heart Chinese Choir

Do you love to sing? Come sing with us! The Young at Heart choir welcomes new voices to join our friendly group. You will learn basic singing skills from our Choir Master. We sing a fun mix of folk, pop and classic songs. We perform at Christmas events, Care Homes and host an annual concert in June. Singing keeps us young and vibrant! Note: No Registration after the 2nd class.

Seniors MPR 151/152 **Sze Lok Wong**
Tu Jan 5-Mar 30 **9:30 AM-11:00 AM**
643250 **$130/13 classes**

Young at Heart English Choir

Do you love to sing? Come sing with us! The Young at Heart choir welcomes new voices to join our friendly group. You will learn basic singing skills from our Choir Master. We sing a fun mix of folk, pop and classic songs. We perform at Christmas events, Care Homes and host an annual concert in June. Singing keeps us young and vibrant! Note: No Registration after the 2nd class.

Seniors MPR 151/152 **Sze Lok Wong**
F Jan 8-Mar 19 **9:30 AM-11:00 AM**
643251 **$110/11 classes**

Fitness & Health

ActivAge

ActivAge is a 3-month group led physical activity program for older adults who are not regularly active, to introduce participants to the benefits of physical activity and reinforce their commitment to incorporate it into their daily lives. ActivAge is led by BCRPA registered Fitness Leaders with the Older Adult specialty. The unique aspect of this program is that alongside physical activity specifically tailored for older adults, ActivAge also encourages social interactions and overall health.

Seniors MPR 151/152 **Keiko Murakami**
W Jan 20-Mar 24 **5:00 PM-6:00 PM**
643254 **FREE**

Adults 19yrs+ can register for senior's programs 1 week prior to program start date, if spaces available.

Senior's Programs

Choose to Move

Choose to Move is a FREE 3-month program for people 55+ who are inactive and wishing to become more active. Choose to Move is not a fitness class or movement class. It is a motivational coaching program where you will meet with an Activity Coach and other participants to discuss ways to incorporate more physical activity into your life. Participants must attend the Info Session to be eligible for the full program. 1 on 1 Consultation dates: Jan 27 and Feb 3

Seniors MPR 151/152	**Keiko Murakami**
W Jan 20-Mar 24	**1:45 PM-2:45 PM**
643258	**FREE**

ActivAge (Choose to Move combo)

ActivAge is a 3-month group led physical activity program for older adults who are not regularly active, to introduce participants to the benefits of physical activity and reinforce their commitment to incorporate it into their daily lives. ActivAge is led by BCRPA registered Fitness Leaders with the Older Adult specialty. The unique aspect of this program is that alongside physical activity specifically tailored for older adults, ActivAge also encourages social interactions and overall health.

Seniors MPR 151/152	**Keiko Murakami**
W Jan 20-Mar 24	**2:45 PM-3:45 PM**
643255	**FREE**

Choose to Move Info Session

Participants MUST attend the Info Session to be eligible for the full program.

Seniors MPR 151/152	**Keiko Murakami**
W Jan 13-Jan 13	**1:45 PM-2:45 PM**
643259	**FREE**

Beginner Pilates for the Older Adult

In this Pilates class we will concentrate on strengthening the body with particular attention to the core. This will improve general fitness and overall wellbeing , as well as posture, balance and flexibility modifications and progressions will be offered.

Space permitting - Drop in: $9

Seniors MPR 151/152	**Andree Dansereau**
Tu Jan 5-Feb 9	**11:00 AM-12:00 PM**
643218	**$49.5/6 classes**
Tu Feb 16-Mar 23	**11:00 AM-12:00 PM**
643219	**$49.5/6 classes**

Chair Pilates

Chair Pilates is perfect for anyone that has difficulty getting down to or up from the floor. In this class we sit in a chair to concentrate on strengthening the core muscles. A strong core will improve posture, balance, flexibility and wellbeing. Modifications and progressions will be offered so that anyone of any fitness level will be welcomed to the class This venue can accommodate wheelchairs.

Space permitting - Drop in: $10

Seniors MPR 151/152	**Andree Dansereau**
Th Jan 7-Feb 11	**11:30 AM-12:30 PM**
643220	**$48/6 classes**
Th Feb 18-Mar 25	**11:30 AM-12:30 PM**
643221	**$48/6 classes**

Foot Care

Simple footcare. Make an appointment to see a registered foot care nurse who will spend time assessing your feet and dealing with common conditions like foot fungus, in-grown nails, calluses, corns etc. Each appointment will be 30 minutes in length. Please no open wounds.

Seniors MPR 260	**Charles Huang**
Th Jan 7	**9:00AM-2:10PM**
Th Jan 21	**9:00AM-2:10PM**
Th Feb 11	**9:00AM-2:10PM**
Th Feb 25	**9:00AM-2:10PM**
Th Mar 18	**9:00AM-2:10PM**
Various Times	**$55.71/Session**

Luk Tung Kuen Association

Luk Tung Kuen is a set of health exercises which consist of 36 forms. Our group is dedicated to healthy lifestyles through physical fitness & social activities.

Space permitting - Drop in: $2

No Session Feb 15

CC Full Gym	**CCA Volunteer**
M Feb 8-Mar 22	**7:15 AM-8:45 AM**
643247	**$6/6 classes**
W Feb 10-Mar 31	**7:15 AM-8:45 AM**
643248	**$8/8 classes**
F Feb 12-Mar 19	**7:15 AM-8:45 AM**
643249	**$6/6 classes**

Seniors' Strength and Stability

Developing and maintaining muscular strength and healthy joints is key for older adults. For those who want to improve their functional strength and stability, this chair-based, progressive strength program will improve muscular strength, bone density, posture, range of motion, and flexibility.

Space permitting - Drop in: $8.25

Seniors MPR 251/252	**Bonnie McCoy**
Tu Jan 5-Mar 23	**9:30 AM-10:30 AM**
643981	**$96/12 classes**



Yuan Ji Dance

Chinese Yuan Ji dance is a mixture of martial arts, physical therapy, meditation, dance and Tai Chi exercise. This dance promotes health and wellness for all.

Space permitting - Drop in: $2

No session on Jan 26, 27 and Feb 2 and 3

CC Gym 2/3	TBA Instructor
Tu W Jan 5-Mar 24	1:00 PM-3:00 PM
643196	$33.25/20 classes

Zumba Gold

Discover the exhilarating world of Zumba Gold! This fun and happy program offers low-impact dance-fitness specially designed for beginners. Join us for a joyful workout that gets you moving and grooving! Let's dance our way to fitness!

Space permitting - Drop in: $5

Seniors MPR 251/252	Roslyn Bauyon
F Jan 8-Mar 19	10:45 AM-11:45 AM
643971	$49.5/11 classes

Martial Arts

Evergreen Tai Chi

This is a self-led Tai Chi Club practicing Tai Chi exercise to improve health for the Seniors. Space is limited to 18 participants each day.

CC Room 203	TBA Instructor
Tu Jan 5-Mar 30	9:15 AM-10:30 AM
643246	$26/13 classes
Seniors MPR 251/252	TBA Instructor
Th Jan 7-Mar 25	9:15 AM-10:30 AM
643245	$24/12 classes

Hunyuan Tai Chi Advance Thu

Hunyuan Tai Chi was created by Grandmaster Feng Zhiqiang of Beiiinng China. This system combines the Xinyi Qigong and Chen Style Tai Chi. Instructor Margaret Lum studied under Master Feng Xiufang, the eldest daughter of Grandmaster Feng Zhiqiang . For more information please contact Art Lum @ 604-250-0982 or artlum25@gmail.com.

No session Jan 21, 28; Feb 4, 11.

CC Room 203	Margaret Miu Duen Lum
Th Jan 7-Mar 25	9:00 AM-11:00 AM
643269	$24/8 classes



Hunyuan Tai Chi Intermediate

Hunyuan Tai Chi was created by Grandmaster Feng Zhiqiang of Beiiinng China. This system combines the Xinyi Qigong and Chen Style Tai Chi. Instructor Margaret Lum studied under Master Feng Xiufang, the eldest daughter of Grandmaster Feng Zhiqiang . For more information please contact Art Lum @ 604-250-0982 or artlum25@gmail.com.

No session Jan 22, 23, 29, 30; Feb 5, 6, 12, 13.

CC Room 203	Margaret Miu Duen Lum
F Jan 8-Mar 19	9:00 AM-11:00 AM
643270	$21/7 classes
Sa Jan 9-Mar 27	9:00AM-10:15 AM
643271	$24/8 classes

Practice Tai Chi - Beginners

Learn & practice Tai Chi forms 24, 48, and 88.

Space permitting - Drop in: $5

CC Room 205	TBA Instructor
BEGINNER	
F Jan 8-Mar 19	12:30 PM-1:45 PM
643274	$12.86/10 Visit Card
INTERMEDIATE	
F Jan 8-Mar 19	11:00 AM-12:15 PM
643273	$12.86/10 Visit Card

Tai Chi with Sifu Marquis Lung - Yang Form Ku Style

CC 1/3 Gym; Grand Hall 152

Northern Shaolin Kung Fu

Sa Jan 09-Mar 06	10:00AM-11:45AM
645924	$156/9 classes

Adults 19yrs+ can register for senior's programs 1 week prior to program start date, if spaces available.

Senior's Programs

Tai Chi - Yang Style 24 Form Intermediate

The Yang Style 24 form is a simplified version of Yang Style Traditional Tai Chi. The traditional movements are condensed into 24 moves which can be completed in approximately 6 minutes. The characteristics of the Yang Style Tai Chi are the larger sweeping, graceful and slow movements. This allows people of all ages and fitness levels to start easily and continue to practice safely to improve their health.The lessons will incorporate the basic Yang Style movements with the goal of improving your flexibility, balance, and strength. The ultimate result of practicing tai chi will lead to better overall physical and mental wellbeing.

No session Jan 23, 30; Feb 6, 13.

CC Room 203	Margaret Miu Duen Lum
Sa Jan 9-Mar 27	10:30 AM-11:45 AM
643272	$24/8 classes

Tai Chi - Yang Style 24, 48, 88 Form Advance Wed

The Yang Style 24 form is a simplified version of Yang Style Traditional Tai Chi. The traditional movements are condensed into 24 moves which can be completed in approximately 6 minutes. The characteristics of the Yang Style Tai Chi are the larger sweeping, graceful and slow movements. This allows people of all ages and fitness levels to start easily and continue to practice safely to improve their health.The lessons will incorporate the basic Yang Style movements with the goal of improving your flexibility, balance, and strength. The ultimate result of practicing tai chi will lead to better overall physical and mental wellbeing.

No session Jan 20, 27; Feb 3, 10.

CC Room 203	Margaret Miu Duen Lum
W Jan 6-Mar 31	9:00 AM-11:00 AM
643268	$27/9 classes

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If you wait and we don't make the minimum you may never see that course again.

Please Register Early!! We give full refunds for all cancelled classes.

Tai Chi - Yang Style 24, 88 Form Intermediate Mon

The Yang Style 24, 88 form is a simplified version of Yang Style Traditional Tai Chi. The traditional movements are condensed into 24 moves which can be completed in approximately 6 minutes. The characteristics of the Yang Style Tai Chi are the larger sweeping, graceful and slow movements. This allows people of all ages and fitness levels to start easily and continue to practice safely to improve their health.The lessons will incorporate the basic Yang Style movements with the goal of improving your flexibility, balance, and strength. The ultimate result of practicing tai chi will lead to better overall physical and mental wellbeing.

No session Jan 25; Feb 1, 8, 15.

CC Room 203	Art G Lum
M Jan 4-Mar 22	9:00 AM-11:00 AM
643267	$24/8 classes

Social

Cantonese Speaking Seniors

This program enriches the lifestyles of Cantonese-speaking seniors through social activities, community integration, and understanding. Join us for meetings conducted in Cantonese, fostering connections and a sense of belonging. Let's embrace community together!

Space permitting - Drop in: $0.48

No session on Mar 24

Seniors MPR 151/152	TBA Instructor
W Jan 6-Mar 31	9:15 AM-11:15 AM
643263	$3.24/12 classes

Cribbage

Come out and enjoy a fun and social afternoon of cribbage. No registration is required. Instruction provided by volunteers, if available.

No session Feb 15

Seniors Lounge	Non Instructional
M Jan 4-Mar 29	11:00 AM-1:00 PM
643987	FREE

Winter Seniors Social Program

Join us on the 3rd Wednesday of every month in the Seniors Lounge! Enjoy social activities and an opportunity to connect with fellow seniors! Activities will include: tech help, Bingo, board games, brain games, trivia and more!

Check out the Killarney Seniors Centre E-newsletter for a calendar of activities. If you would like to receive the E-Newsletter on a monthly basis, please subscribe by emailing us at killarneyseniorscentre@vancouver.ca

Seniors Lounge	TBA Instructor
W Jan 20	10:30 AM-12:00 PM
W Feb 17	10:30 AM-12:00 PM
W Mar 17	10:30 AM-12:00 PM
644051	FREE

Mahjong

Mahjong is a popular Chinese game played with sets of tiles and is commonly played with four players. Similar to the Western card game rummy, Mahjong is a game of skill, strategy and calculation and involves a degree of chance. Instruction provided by volunteers, if available.

Seniors MPR 151/152 **Non Instructional**
Th Jan 7-Mar 25 **1:30 PM-4:30 PM**
643991 **$1/Drop In**

Mahjong - Table Rental

Rent 1 of 3 of our Mahjong tables and play with your friends. Table provided, you bring the tiles.Mahjong is a popular Chinese game played with sets of tiles and is commonly played with four players. Similar to the Western card game rummy, Mahjong is a game of skill, strategy and calculation and involves a degree of chance. Instruction provided by volunteers, if available.

Seniors MPR 151/152 **Non Instructional**
1:30PM-4:30PM$3/Table Rental

Th Jan 7	**643992**
Th Jan 14	**643998**
Th Jan 21	**643999**
Th Jan 28	**644000**
Th Feb 4	**644001**
Th Feb 11	**644002**
Th Feb 18	**644003**
Th Feb 25	**644004**
Th Mar 4	**644005**
Th Mar 11	**644006**
Th Mar 18	**644007**
Th Mar 25	**644008**

Seniors Only Billiards

If you and a partner are interested in shooting some pool, come down and ask for the equipment at the Front Desk.

No session Feb 15

Billiards Lounge **TBA Instructor**
M W Th Jan 4-Mar 31 **9:00 AM-11:30 AM**
643995 **FREE**

S.U.C.C.E.S.S. English Conversation Group

This class aims to increase seniors' intercultural understanding, communication, and community participation through various group activities. We offer entry-level ESL classes and social activities. This is a joint program with S.U.C.C.E.S.S. New members are welcome.

CC Room 201 **Karen Yapp**
F Jan 8-Mar 26 **9:30 AM-11:00 AM**
643237 **FREE**

Seniors Getting Crafty

Explore your creative side at Seniors Getting Crafty, a free program designed just for you! Join us for a relaxed get-together every 2nd and 4th Wednesday of the month. Bring your crafty ideas to life, whether it's quilting, sewing, cross-stitch, knitting, jewelry making, or any other craft you enjoy. If you wish to learn or share your craft, come and join us. All are welcome to join in the fun!

Seniors Lounge **TBA Instructor**
W Jan 13-Mar 24 **10:30 AM-12:00 PM**
643994 **FREE**

Seniors Social Bridge

Come out and enjoy a fun afternoon of Bridge. Tea and treats are sometimes provided. Prior knowledge of Bridge is required.

CC Room 203 **Non Instructional**
Th Jan 7-Mar 25 **1:00 PM-4:00 PM**
643235 **FREE**

Seniors Social Gathering

Searching for enjoyable activities and the opportunity to make new friends? Look no further than our Seniors Social Gathering! Join us for a fantastic time filled with line dancing, ballroom dancing, tai chi practice, and so much more. We welcome your activity suggestions, so let's come together and have a blast while making lasting memories and forming meaningful connections!

Space Permitting - Drop-in $2.86

CC Room 205 **CCA Volunteer**
W Jan 6-Mar 31 **12:30 PM-2:30 PM**
643234 **$11.43/13 classes**



Senior's Programs

Sports

Badminton Intermediate Play

This program is geared towards players 65yrs+ to practice and enhance their badminton skills. Racquets and birdies are not provided. Due to AC upgrade on the 1/3 Gym, program will be in the 2/3 Gym from Jan 6-Jan 20 and resume in the Full Gym from Feb 10.

Space Permitting - Drop-in $2.86

No session on Jan 27 and Feb 3

CC 2/3 Gym	Non Instructional
W Jan 6-Mar 31	9:00 AM-10:30 AM
644012	$30.25/11 classes
W Jan 6-Mar 31	10:45 AM-12:15 PM
644013	$30.25/11 classes
CC Full Gym	
W Feb 10-Mar 31	9:00 AM-10:30 AM
643986	$22/8 classes
W Feb 10-Mar 31	10:45 AM-12:15 PM
643985	$22/8 classes

Floor Curling & Tea

Unwind with a delightful cup of tea as you mingle with both new and familiar faces, all while immersing yourself in the excitement of Floor Curling. Join us for a morning of socializing, sipping, and sliding into the world of this unique sport. Discover the joy of tea-infused camaraderie and the thrill of Floor Curling with friends, old and new.

Space Permitting - Drop-in $3.25

No session on Feb 15

CC 1/3 Gym	TBA Instructor
M Jan 25-Mar 29	10:45 AM-12:15 PM
643988	$20.25/9 classes



Walking Soccer

Stay active, have fun, and enjoy the beautiful game at your own pace! Walking Soccer is a low-impact, inclusive sports program designed specifically for older adults who want to stay healthy, social, and engaged through sport. This modified version of soccer eliminates running and physical strain, making it perfect for maintaining health, improving balance and coordination, and enhancing mental well-being in a safe and supportive environment. Whether you're a lifelong player or new to the game, all fitness and skill levels are welcome. Wear running shoes and all soccer equipment provided.

Space Permitting - Drop-in $3.25

No session on Feb 15

CC 1/3 Gym	Non instructional
Tu Jan 26-Mar 23	1:00 PM-2:30 PM
643997	$20.25/9 classes

Don't be disappointed

Great courses with excellent instructors sometimes get cancelled because people wait until the last minute to register.

Courses are based on a minimum number of registrants so the course can recover costs.

If you wait and we don't make the minimum you may never see that course again.

Please Register Early!! We give full refunds for all cancelled classes.

In order to keep Killarney's pricing low we separate some of our seasonal programs into multiple sets. Leisure Access Discount patrons are eligible to receive the 50% discount on both sets (excluding pool & rink programs).



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Seniors Spring Festival Luncheon

Celebrate the beauty of spring at our Seniors Spring Festival Luncheon! Enjoy a lovely afternoon filled with festive spirit, warm hospitality, and wonderful company. Guests can look forward to a delicious lunch, festive spring décor, and a welcoming atmosphere perfect for connecting with friends and celebrating the season.

Seniors MPR 151/152	**TBA Instructor**
W Mar 24	**11:30 AM-1:30 PM**
644053	**$24/1 classes**



Golden Beats

If you like live music, come check out the popular Golden Beats program led by the RockiTeers, a very professional band who volunteers their time and talent at Killarney. Over the years they have become part of the Killarney Community. They play rock 'n' roll and pop music, and have even added a few Chinese tunes, and classic dance numbers at the request of their dedicated Killarney fans.

Seniors MPR 151/152

W Jan 13	**1:30 PM-3:30 PM**
W Jan 27	**1:30 PM-3:30 PM**
W Mar 10	**1:30 PM-3:30 PM**
643236	**FREE**



Movie Matinee!

Join us for our monthly Seniors Movie Matinee! Enjoy films in a relaxed atmosphere. Gather with friends and meet new ones as we celebrate the joy of cinema together. Don't miss this chance to unwind and enjoy a great movie! Check out the concession Sixty2Sixty Eats to purchase a variety of food and refreshments.

Seniors Grand Hall

I Can Only Imagine 2	
W Apr 20	**11:45AM-1:45PM**
655058	**$1**
You, Me & Tuscany	
W Feb 17	**11:45AM-1:45PM**
655059	**$1**
Michael	
W Mar 17	**11:45AM–1:45PM**
655060	**$1**

LUNAR NEW YEAR CELEBRATION

Saturday | Feb 13, 2027 | 1PM – 3PM
Killarney Community Centre Gymnasium

Join us for a festive celebration filled with joy, culture, and community!

- **Lion dance**
- **Cultural activities**
- **Entertainment**

Everyone is welcome



KILLARNEY COMMUNITY CENTRE SOCIETY

VANCOUVER BOARD OF PARKS AND RECREATION

Killarney Card Show

BUY • SELL • TRADE

Free Entry
All Ages

SUNDAY, APRIL 4, 2027
11:00 AM - 5:00 PM
Gymnasium

BECOME A VENDOR
email austin.su@vancouver.ca to apply or for more information

FAMILY DAY AT KILLARNEY

Saturday, FEB 15, 2027 | 12:00PM–02:00PM | KILLARNEY COMMUNITY CENTRE



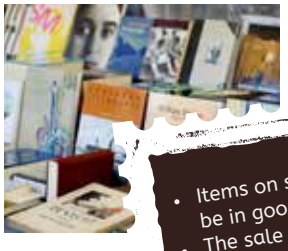
Join us at Killarney Community Center for a FREE FUN filled day! With entertainment, bouncy castle, games, crafts, photo booth and more!

- Interactive Games
- Play Gym with Bouncy Castle
- Entertainment
- Arts and Crafts

Killarney Community Centre









Flea Market

Saturday, March 13

- Items on sale can be used, but must be in good condition.
- The sale of any food items or commercial goods is strictly prohibited.
- Registration: in-person only
- Please note that the table fee is non-refundable and non-exchangeable.
- Vendors must complete a Vendor Agreement form at the time of registration.

CC Full Gym
Sa Mar 13 9:30 AM-1:30 PM
645801 $25/table

ADMISSION TO THE EVENT IS FREE!

GST will be added to program fee if applicable.

MOVIE NIGHT at Killarney

Donations of nonperishable food items to the food bank are greatly appreciated.

ADMISSION BY DONATION

A new movie will be announced each month on our social media channels, website, reader board, and throughout the centre. Be sure to follow us and keep an eye out so you don't miss the next movie night!

Seniors Grand Hall
Doors Open at 5:00pm
Movie Starts at 6:00pm

Friday Jan 15

Friday Feb 19

Friday Mar 12

Easter EGG HUNT AND CARNIVAL

This popular annual event brings families and the Easter Bunny together to have a FUN-tastic time! The event will feature a bouncy castle, games, crafts, and so much more! The Easter Egg Hunt portion of the event will take place indoors.
ADULT PARTICIPATION IS REQUIRED
Please note that registration times are non-refundable and are not transferrable.

CC Full Gym		
F Mar 26	$6	
Session 1	645802	9:30 AM-10:30 AM
Session 2	645803	10:45 AM-11:45 AM
Session 3	645804	12:00 PM-1:00 PM

What we have to offer

1 Matrix Performance Plus Treadmill
2 TRUE Stryker Slat Treadmills
2 TRUE Apex Treadmills
1 Seated Octane Elliptical
1 Precor Elliptical Trainer
1 Matrix Elliptical Trainer
1 Matrix Ascent Trainer
1 Precor Adaptive Motion Trainer
2 Matrix Recumbent Bikes
2 Lifefitness Exercise Bikes
1 Keiser M3 Spin Bike
1 Matrix Rowing Machine
1 Matrix Dual Pulley System
1 Lifefitness Dual Pulley System
1 Matrix Power Rack
Matrix & Octane Strength Training Equipment
Dumbells/Mats & Benches
Bosu & Body Balls
Helpful & Qualified Staff

Assessments, Orientations & Personalized Fitness Programs

Your admission fee entitles you to a complimentary orientation to our Fitness Centre. Our certified staff will assist you with the following: proper etiquette, equipment operation and the importance of cardiovascular, strength and flexibility training. With any Drop-in, 10 visit pass or any Killarney fitness pass purchased we also offer in-depth personalized programs based on your current physical condition. To book appointments call the Fitness Centre at 604-718-8215.

For your safety max capacity within the Fitness Centre, at any one time, will be limited to 34 participants, based on a first come, first served basis.

Schedule is subject to change without notice. Fitness Centre users before 9:00am Monday to Sunday can purchase drop-in admissions at the Leisure Pool Office. ***Reminder: wristbands are to be worn on the wrist when in the Fitness Centre and attending Group Fitness Classes.***

MONDAY TO FRIDAY	SATURDAY & SUNDAY
6:30am-9:00pm	8:00am-7:00pm
Early Bird Discount: $1.00 off drop-ins Monday to Friday 6:30 to 8:30am	

FITNESS CENTRE FEES			GST will be added to prices.
	ADULT (19-64 yrs)	**YOUTH* (13-18 yrs)**	**SENIOR (65 yrs+)**
Drop-in	$5.53	$4.15	$4.15
11 Visit Card	$55.01	$41.57	$41.57
1 Month Pass	$47.11	$32.50	$32.50
3 Month Pass	$118.32	$82.90	$82.90
6 Month Pass	$223.08	$155.88	$155.88
12 Month Pass	$389.64	$267.14	$267.14
There will be a $2.00 charge for the replacement of lost or stolen fitness passes!! Note: You must be 13yrs+ to use the Fitness Centre. ***Fitness Centre Fees Include Group Fitness Class Participation***			

Fitness Fees

- Rates are subject to change without notice.
- Drop-in fees include Group Fitness Class use
- Killarney Fitness Centre Passes and 11 visit cards include Group Fitness Classes use
- Pass Card Refunds are pro-rated from the time of request, based on 15 days from purchase
- 11 Visit Card Refunds are pro-rated based on the number of visits left less 1 visit
- Applicable administration fee will be applied to all refunds
- The drop-in fee covers a single visit. No re-entry.
- You may suspend your Fitness Pass for the following reasons: medical condition, leave (holidays, business trip, etc.), facility closure. The period of time for suspension is a minimum of two weeks to a maximum of 18 months from the start date of the pass. A suspension may be granted once per calendar year for a minimum of 2 weeks.

Killarney Fitness Centre

Group Fitness Class Schedule Jan 4-Mar 31, 2027

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	**Fit & Fierce** 9:15-10:15am ***No class Feb 15*** *Roslyn*	**Zumba & Core** 9:15-10:15am *Roslyn*	**Body Strength & Core** NEW! 9:45-10:45am ***18 max*** *Cecilia*	**Zumba Toning** 9:15-10:15am *Roslyn*	**Zumba+** 9:15-10:15am ***No class Mar 26*** *Lesley*	**Zumba 30/ Strength 30** 9:15-10:15am *Nita*	**Zumba/ Zumba Toning** 9:15-10:15am *Shahla*
AM	**Body Strength & Core** NEW! 10:35-11:35am ***No class Feb 15*** ***18 max*** *Cecilia*	**BoxerFit** NEW! 9:30-10:30am *Henry* ***12 max*** *Jan 19-Mar 30*		**BoxerFit** NEW! 9:30-10:30am 10:40-11:40am ***12 max*** *Jan 21-Mar 25*	*First come, first served limited to 40 drop-ins (unless noted otherwise). Drop-ins will be sold 15mins prior to class start time. Classes will show as "Activity is Full" online. Classes are subject to change.*		
PM		**Zumba** 6:15-7:15pm *Roslyn*	**FUNctional Fitness** 6:15-7:15pm Sep 16-Dec 02	**Zumba** 6:15-7:15pm *Roslyn*			

GROUP FITNESS FEES*						
	Drop-in	**11 Visit Pass**	**1 Month Pass**	**3 Month Pass**	**6 Month Pass**	**12 Month Pass**
Adult	$5.53	$55.01	$47.11	$118.32	$223.08	$389.64
Youth/Senior	$4.15	$41.57	$32.50	$82.90	$155.88	$267.14
***All fees include Fitness Centre use.** GST will be added to prices.*						

Body Strength & Core NEW!
All Levels
Full-body workout: cardio, light/medium/heavy free weights, bands and mat exercises. It helps to achieve body strength, core stability, balance and flexibility.

BoxerFit All Levels NEW!
A high-energy boxing fitness class that combines real boxing technique, conditioning, and full-body workouts for all fitness levels. Build strength, endurance, coordination, and confidence through dynamic drills, bag work, and functional training in a motivating, supportive environment.

Fit & Fierce
Moderate to advance.
Elevate your heart rate, relieve stress, and burn calories with our Fit & Fierce Dance Workout! Join us for a dynamic mix of music and dance styles, including Latin, jazz, hip hop, and more. Suitable for all levels.

Zumba & Core
Moderate to advanced class.
Full-body workout: cardio, muscle conditioning, balance, flexibility. Dance fitness party mixes low/high-intensity moves, 15-min core strength with weights.

Zumba
All Levels Welcome.
A dynamic fitness class with choreographed routines to salsa and global music. Calorie-burning, vibrant workout with low/high-intensity movements for a Latin/world dance celebration.

Zumba Toning
Moderate to advance.
Elevate your workout with Zumba Toning or free weights–a fusion of fitness and rhythm sculpting arms, defining abs, and thighs. Experience the joy of sculpting your body naturally.

Zumba+
All Levels Welcome.
Burn calories with a mix of low and high-intensity moves in a Latin and world dance fitness party. Zumba+ adds 30 minutes of interval training for more intensity and strength, using only body weight.

Zumba 30/Strength 30
All Levels Welcome.
Zumba 30/Strength 30: Dynamic class with 30mins of energetic, choreographed moves to lively music + 30 mins of targeted strength exercises. Thrilling, fun workout keeps you motivated. Ideal for party lovers focusing on muscle toning for a defined physique.

Zumba/Zumba Toning
Elevate your heart rate, burn calories, get your steps in, tone your muscles, release stress & get groove on! Celebrate your awesome self with fun, easy to follow dance moves followed by a body sculpt session and relaxing stretch.

Pool Schedule

February 1 - March 14, 2027

Schedule subject to change.

POOL MAINTENANCE CLOSURE:
JANUARY 4 - JANUARY 31, 2027

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Main Pool & Length Lanes Monday, Wednesday and Friday 6:15am-9:00pm Tuesday and Thursday 6:30am-9:00pm *(limited space Mon-Fri 9:00am-1:00pm & 4:00pm- 8:30pm)* Minimum of 2 lanes available all day **Leisure Pool** 6:15am-9:00pm *(limited space Mon-Fri 9:00am-1:00pm & 4:00pm- 8:30pm)*					**Main Pool & Length Lanes** 8:00am-9:00pm *(limited space 9:00am - 1:00pm)* Minimum of 2 lanes available all day **Leisure pool** 8:00am-9:00pm *(limited space 9:00am - 1:00pm)*	
Slide Monday-Friday 7:00-8:00pm *8 years old plus: Can use the slide unaccompanied* *Under 8 years old: Must be 42 inches in height; an adult must accompany the child by waiting at the bottom outside of the flume*					**Slide & 3 m Platform (Saturday & Sunday)** 2:30-4:30pm & 6:30pm-8:00pm	
1 metre board Monday-Friday 7:00-8:00pm **Platform** Monday-Friday 7:00-8:00pm (alternates with slide)						

ADMISSIONS

(Fees subject to change. Tax Not included.)

	Adult 19-64 yrs	Youth 13-18 yrs Senior 65 yrs +	Child 5-12 yrs
Drop-in	$7.93	$5.55	$3.97
10 visits	$71.37	$49.95	$37.73
1 month	$64.15	$44.91	$32.08
3 month	$173.21	$121.25	$86.61
1 year	$554.26	$387.98	$277.13

Family: 1-2 Adults of the same household and children under 19 yrs. Minimum charge $7.93. Tot 4 & Under FREE.

Children Under 8 must be accompanied in the water by a guardian 16 years or over. 1 guardian for every 3 children.

Suspensions of Flexipasses: You are able to suspend your FlexiPass once in a calendar year, for a minimum of two weeks.

Have a Birthday Party by the Pool!

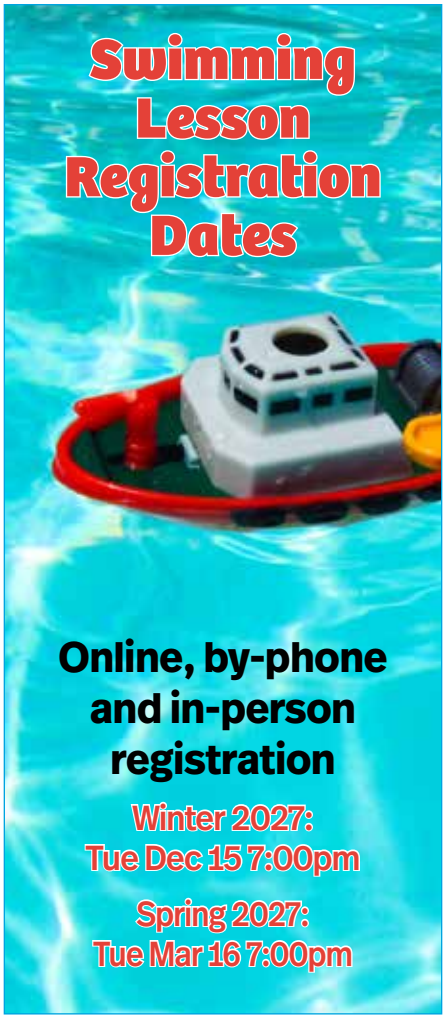
- Rent the room adjoining the Pool for $46.20/hour. Pay the admissions for the Pool.
- Times can be flexible depending upon the number of children and pool usage.
- For children of all ages.
- Food, drinks & cake at your discretion.

604-718-8280
killarney.pool@vancouver.ca

Killarney Pool

Things to know before you swim

- A responsible guardian 16yrs+, in a bathing suit, must accompany children under 4 feet tall and/or under 8 years of age. The guardian must keep children within arms' reach at all times while in the facility. Groups of children under 8 years: 1 guardian required for every 3 children. Groups of children 8-12 years: 1 guardian recommended for every 10 children.
- Absolutely no cameras, cell phones or recording devices in the change rooms.
- Sections of the pool may be closed for aquafit, swimming lessons, school or rental groups.
- Diving Platform and Diving Board are only available when space permits.
- Streetwear and underwear are prohibited to be used as swimwear.
- Outdoor footwear is prohibited on the pool deck.
- Infants must wear snug fitting plastic pants or swim diapers.
- It is prohibited to enter the pool with an illness, including open sores, bandages, head colds, discharging ears or noses or infected eyes.
- Please first take a cleansing shower before entering the swimming pool.
- Please be considerate of others and limit your time in the shower and the changing stalls.
- Please bring your own quality padlock to secure your possession in a locker or purchase one at the front desk for $19+tax.



Prevent "Code Brown"!

Pool fouling is disruptive and may cut your swim short.

Please help us avoid preventable closures by:

- ✓ Put your child in a fitted swim diaper until fully trained
- ✓ Take regular bathroom breaks and check diapers frequently
- ✓ Swim only when healthy; please stay home when sick or suffering from diarrhea

We're all in it together!

Please shower before entering the pool.

- ✓ Showering removes lotions, make-up, deodorants, antiperspirants, sweat, dirt, hair products and more
- ✓ Clean water saves money: we use less replacement water, save energy and reduce chlorine needs.

Our Amenities include:

- ✓ UV Treated Water
- ✓ Accessible Ramp Entry
- ✓ 1-metre Diving Board
- ✓ Giant Water Slide*
- ✓ Spray Features*
- ✓ Whirlpool
- ✓ Accessible Changing Room
- ✓ 3-metre Diving Platform*
- ✓ Lazy River
- ✓ Mountain View
- ✓ 25-metre lap pool
- ✓ Climbing Wall*

**Availability based on operation and staffing*



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Ice Skating Lesson Information

- Fun and Safe lessons for all!
- Ages 3-5, 6-12, youth and adults.
- Please only register in one lesson at a time.
- Please register in the correct level. We cannot guarantee that there will be space to transfer into the correct level. If you are unsure of which level to register into, please visit a public skate for a free assessment.
- CSA approved Helmets are required for skating lessons. A limited number of helmets will be available on site to use at no additional cost.

Registration Information

Set 1: Thursday Dec 17th @ 7:00pm Set 2: Thursday Feb 18th @ 7:00pm

Saturdays (Adult Lessons)
Set 1: Jan 9-Feb 13 (6 wks)
Set 2: Feb 20-Mar 20 (5 wks)

Sundays
Set 1: Jan 10-Feb 14 (6 wks)
Set 2: Feb 21-Mar 21 (5 wks)

Thursdays
Set 1: Jan 7-Feb 18 (6 wks)
Set 2: Feb 25-Mar 25 (5 wks)

Park Board Refund Policy

- Full refund five days or more prior to program start date
- Partial refund within four days of program start or before second class; program fee minus the price of the number of lessons that have taken place
- No refunds or transfers after second class
- No refunds on single session or drop-in programs

Adult Skating Lessons

Register for Saturday night lessons, and your admission for the Adult Only Skate is included!

Scan me

Lesson Information

Public Skating Schedule

RATES AND FEES	SINGLE	10 USAGE
Preschooler (4 and under)	Free	
Child (5-12yrs)	$3.97	$37.73
Youth (13-18yrs)	$5.55	$49.95
Adult (19-64yrs)	$7.93	$71.37
Senior (65+)	$5.55	$49.95
Family Rate*	$7.94	
Group Admission (10+ people)	25% off regular admission	
Low Cost Skate	50% off regular admission	
**$7.94 for up to 2 members (minimum charge). $3.97 for each additional family members*		
Skate Rental	$4.00	$36.00
School Skate Rental	$2.00	
Skate Sharpening	$7.71	
Prices subject to change. Prices do not include taxes.		

Public Skate Information

- Children 7yrs & younger must be accompanied on the ice by a guardian over the age of 16yrs.
- 10 Visit Pass or Flexipass must be presented at time of check-in.
- Groups of 10+ please contact Maegan. Montemayor@Vancouver.ca to check if a public session is the appropriate fit for your group.
- Groups of 15 or more are encouraged to rent the ice privately as we cannot guarantee that public sessions will have enough capacity or equipment for all participants.
- All Sessions are drop in except Public Adult Hockey, Adult Stick, Puck & Ring and Public Figure Skating. These sessions will open for registration 3 days prior to each session.

GST will be added to program fee if applicable.

Community Centre Room Rentals

Host your private function here!

Whether you are planning a birthday party, corporate function, meeting or private sports play, we have a variety of spaces to suit your needs.

Staff Charges

Rentals outside of regular operating hours or special circumstances require rental staff. Staffing charges are $26 per hour with a minimum of 2 hours regardless of the duration of the rental. **Full payment is due upon the confirmation of your rental with the Rental Coordinator.**

Damage Deposit

All rentals require a damage deposit with the specific amount of the deposit dependent on the activities of the group. The refund of the damage deposit will be processed within 2-4 weeks following the completion of the rental period.

Equipment

Tables and chairs are provided to the maximum capacity of the room. Any existing equipment and/or furniture in the rental rooms are to not be moved during your rental.

Music Royalty Fees

All rentals that play pre-recorded music are subject to SOCAN and ReSOUND fees dependent on group size and activity.

Smoke Free Area

The Vancouver Park Board's smoke-free bylaw prohibits smoking in all parks, sports fields, playgrounds, beaches pathways, trails, seawall and public golf courses. It also includes parking lots, green space, access streets and sidewalks that are contained within the boundaries of a park space.

Zero Waste Facility

Killarney Community Centre aims to be a Zero Waste Facility. We encourage you to utilize reusable, recyclable or compostable items at your event. Any items that do not fit within our Zero Waste guidelines will need to be removed from the property by the renters.

Set-up and Take Down

All reservation times depicted on the Rental Agreement are inclusive to set up and clean up. All groups are responsible for their own set up, take down and basic cleanup of the rented space. Cleaning supplies will be provided.

Cancellation & Refund Policy

All refunds are subject to an administration charge of $5.00.

1. When cancellation of a rental booking is done 14 or more days in advance of the booking, the rental group will receive a full refund.
2. When cancellation of a rental booking is done between 8 and 13 days in advance of the booking, the rental group will receive a 50% refund excluding the damage deposit and staffing charges.
3. When 7 days or less notice is given for cancellation, no refund will be given, excluding the damage deposit.

Liability insurance is required for all sport and/or high risk activities.

Search and view online by visiting vanrec.ca

Reserve by contacting our Rental Coordinator at killarneyccrentals@vancouver.ca

Please note that due to the high volume of requests we receive, all rental inquiries will be responded to within 5-8 business days. We require a minimum of 2 weeks' notice on all rental inquiries. As such, rental inquiries within this time period cannot be accommodated.

All rental prices and information are subject to change.

Community Centre Room Rentals

Rental Information and Rates

EQUIPMENT FEES AND USAGE		
Equipment	**Fee (flat rate)**	**Description**
Sporting - Nets	$5.25	Sporting poles and/or nets
AV Equipment	$25.00	Portable projector & screen

KILLARNEY COMMUNITY CENTRE				
Room	**Tables & Chairs Capacity**	**Approx. Size**	**Suitable Activities**	**General Rates (pre-tax)**
Full Gymnasium	N/A	68' x 108' (7344 SqFt.)	Sports Only No Wooden Sticks	$64.60/hr
2/3 Gymnasium	N/A	68' x 70' (4760 SqFt.)		$46.20/hr
1/3 Gymnasium	N/A	68' x 38' (2584 SqFt.)		$23.20/hr
KCC Room 201 (Music Room)	11	20' x 19' (380 SqFt.)	Meetings & Social	$23.20/hr
KCC Room 202 (Board Room)	27	34' x 16' (544 SqFt.)	Meetings (Adults Only)	$46.20/hr
KCC Room 203 (Multipurpose Room)	29	29' x 36' (1044 SqFt.)	Meetings & Social	$46.20/hr
KCC Room 204 (Kitchen)	N/A	N/A	Food Storage & Heating Purpose Only	$8.50/hr
KCC Room 205 (Dance Studio)	53	56' x 34' (1904 SqFt.)	Dance & Physical Activities Only	$54.00/hr
KCC Room 211 (Art Studio)	15	25' x 21' (525 SqFt.)	Meetings & Social	$46.20/hr
Pool (Multipurpose Room)	14	15' x 33' (495 SqFt.)	Meetings & Social	$46.20/hr

KILLARNEY SENIORS CENTRE RENTAL				
KSC Grand Hall (Rooms 151,152,153)	61	23' x 93' (2184 SqFt.)	Meetings & Social	$125.00/hr
KSC Room 151 (Multipurpose Room)	22	23' x 33' (792 SqFt.)	Meetings & Social	$50.00/hr
KSC Room 152 (Multipurpose Room)	18	23' x 28' (664 SqFt.)	Meetings & Social	$50.00/hr
KSC Room 153 (Multipurpose Room)	20	23' x 31' (728 SqFt.)	Meetings & Social	$50.00/hr
KSC Room 251/252 (Multipurpose Room)	37	23' x 33' (792 SqFt.)	Dance & Physical Activities Only	$90.00/hr
KSC Lounge & Roof Top Deck (Lounge Room)	47	27' x 33' (924 SqFt.)	Meetings & Social	$90.00/hr

GST will be added to program fee if applicable.

ONE SESSION. ONE GOAL. ONE POWERFUL IMPACT.

KILLARNEY'S ZUMBA® FOR A CURE!



SATURDAY – APRIL 17, 2027

10:30am to 1:00pm

Session & T-Shirt	**#655158**	**$40**
Session only	**#655159**	**$20**
T-Shirt only	**#655160**	**$30**

Raising Money For BC CANCER FOUNDATION

All proceeds go to the BC Cancer Foundation.

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