DECEMBER 2026
長者中心十二月餐單

EAT, CHAT, THRIVE
LUNCH PROGRAM 55+

Take Out 外賣	Dine In 堂食			
10:45	11:30	TUE 星期二	1	Quiche with bacon, blue cheese & mushroom, winter greens & fruits salad. 芝士蘑菇煙肉焗乳蛋派，冬季雜菜生菓沙律。
10:45	11:30	THU 星期四	3	Closed for Holiday Luncheon. 餐房將用作舉行聖誕火雞午餐。
10:45	11:30	FRI 星期五	4	Closed for Holiday Luncheon. 餐房將用作舉行聖誕火雞午餐。
10:45	11:30	MON 星期一	7	Grilled Shrimps salad with mixed greens, veggies & honey/dill dressing, garlic bread 煎蝦雜菜沙律，香草蜜汁醬，蒜蓉包。
10:45	11:30	TUE 星期二	8	Housemade chicken Cordon Bleu (stuffed with ham & Swiss cheese) potato, vegetables. 自制火腿芝士釀雞胸，薯仔，菜。
10:45	11:30	THU 星期四	10	Asian-style pork chop with fresh tomato & onion sauce, rice, vegetables. 中式豬扒，鮮茄洋蔥汁， 飯，菜。
10:45	11:30	FRI 星期五	11	Japanese- style Teriyaki chicken breast, baked Sushi rice, vegetables. 日式照燒雞胸，焗壽司飯，菜。
10:45	11:30	MON 星期一	14	Beef Liver or Turkey cutlet with gravy, bacon & onions, mixed rice and grains, vegetables. 烤焗牛肝或吉列火雞扒，醬汁，煙肉，洋蔥，麥米飯，菜。
10:45	11:30	TUE 星期二	15	French Canadian Tourtiere (holiday pork, beef, lamb & mushroom pie) winter salad. 法式加拿大焗派（選用碎豬肉牛肉羊肉蘑菇等）冬節沙律。
10:45	11:30	THU 星期四	17	Baked Hakefish filet with Thai-style sweet & savoury sauce, rice, vegetables. 泰式香料醬焗白魚魚柳，飯，雜菓沙律。
10:45	11:30	FRI 星期五	18	Winterfest - Special Chinese-style honey BBQ pork ribs, chow mein, vegetables. 慶祝冬至 - 烤焗中式蜜汁燒排骨，炒麵，菜。



The Seniors Lunch Program will be closed for the holidays and will reopen on January 4, 2027 (Mon).
長者午餐服務將於假日期間暫停，並於2027年1月4日（星期一）重新開放。

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LUNCH PROGRAM 55+

MONDAY - TUESDAY - THURSDAY - FRIDAY

TAKE OUT
(Max 40 Lunches)

- Pick up at **10:45am**.
- Max 2 orders per customer.
- Includes entrée, dessert, & juice.

Pre-registration required

DINE IN
(Max 90 Lunches)



- Payment taken as early as 11:15am.
- Serving lunch will begin at **11:30am**.
- Max 2 orders per receipt per lunch.
- Includes entrée, dessert, & coffee, tea OR juice.
- Patrons will be invited to line up for lunch in order of their assigned number, which is based on the check-in time at the Seniors Reception desk. Kindly wait until your number is called by staff before lining up.
- Please DO NOT reserve seats in the dining hall for others.
- There is a seat for each person who is reserved.

Pre-registration required

DROP IN
(20 Guaranteed)

- 20 first-come, first-served spots are available after **11:45am**.
- Payment will be taken after 11:45am.
- Please DO NOT reserve spots in line for others.
- Drop Ins must use seating in the Seniors Lounge.
- 1 drop in order per customer (In-person only).
- Should there be excess food, more drop-in meals may be available for purchase.
- If you have already purchased a meal, please wait until **12:15pm** before inquiring for a second meal.

Program Details & Refund Policy

- 10 lunch pass visits = $90.50 + GST I 1 lunch = $9.05 + GST
- Use KEYWORD "Killarney Eats" when registering online.
- Refunds for lunch reservations are available until 5:00pm on the day before the scheduled lunch. Requests made after the deadline will not be eligible for refund.

Nov 24

REGISTER NOW >

BY PHONE
604-718-8201
(begins at 12pm)

IN PERSON
6260 Killarney Street,
Vancouver, BC

ONLINE
http://www.vanrec.ca

KILLARNEY COMMUNITY CENTRE SOCIETY

VANCOUVER BOARD OF PARKS AND RECREATION

All 10 visit lunch passes prior to March 2020 will be honoured.