

DECEMBER 2025

十二月長者中心餐單。

Eat, Chat, Thrive Lunch Program

Take Out Dine In

Menu

Seniors 55+

外賣	堂食			
10:45	11:30	Monday 星期一	1	Quiche with bacon, brie & cranberry, salad. 煙肉芝士紅梅乳蛋派, 沙律。
10:45	11:30	Tuesday 星期二	2	Breaded sole with lemon sauce, mixed grains & rice, vegetables. 檸檬醬吉列魚柳, 麥米飯, 菜。
10:45	11:30	Thursday 星期四	4	Closed for special event. 餐房改作聖誕節火雞餐用途。
10:45	11:30	Friday 星期五	5	Closed for special event. 餐房改作聖誕節火雞餐用途。
10:45	11:30	Monday 星期一	8	Baked snapper with crispy almond & panko crust, potato, vegetables. 香煎焗杏仁魚柳, 薯仔, 菜。
10:45	11:30	Tuesday 星期二	9	Beef Liver or Turkey cutlet with gravy, bacon & onions, egg noodles, vegetables. 烤焗牛肝或吉列火雞扒, 醬汁, 煙肉, 洋蔥, 蛋麵, 菜。
10:45	11:30	Thursday 星期四	11	Crispy pork schnitzel with housemade cran- applesauce, potato, vegetables. 吉列豬肉扒, 紅梅蘋果醬, 薯仔, 菜。
10:45	11:30	Friday 星期五	12	Portuguese- style chicken with Kabocha squash, rice, vegetables. 南瓜葡汁雞, 飯, 菜。
10:45	11:30	Monday 星期一	15	Breaded chicken breast stuffed with broccoli & cheese, potato, vegetables. 烤焗芝士百加利釀雞胸, 薯仔, 菜。
10:45	11:30	Tuesday 星期二	16	French Canadian Tourtiere (holiday pork, beef, lamb & potato pie), winter salad. 加拿大人法式焗肉派 (內有豬, 牛, 羊碎肉和薯仔) 冬季沙律。
10:45	11:30	Thursday 星期四	18	Grilled shrimp salad with mixed greens, veggies & honey/dill dressing, garlic bread. 煎蝦雜菜沙律, 香草蜜汁醬, 蒜蓉包。
10:45	11:30	Friday 星期五	19	Bill's honey Char Siu (BBQ pork), rice, vegetables. 蜜汁叉燒, 飯, 菜。

PLEASE NOTE:

We are closed December 22 and will reopen Monday January 5, 2026
十二月二十二日開始休假, 2026年一月五日星期一重開。

HAPPY
Holidays!

Killarney Seniors Centre 6260 Killarney Street,
Vancouver, BC V5S 2X7
604-718-8201



LUNCH PROGRAM 55+ EAT, CHAT, THRIVE

Monday - Tuesday - Thursday - Friday

TAKE OUT

- Pick up at 10:45am
- Max: 40 lunches
- Max 2 orders per receipt per lunch
- Includes entrée, dessert, & juice box

DINE IN

- Payment taken as early as 11:15am
- Serving lunch will begin at 11:30am
- Max 70 lunches
- Max 2 orders per receipt per lunch
- Includes entrée, dessert, & coffee, tea OR juice
- Patrons will be invited to line up for lunch in order of their assigned number, which is based on the check in time at the Seniors Reception desk. Kindly wait until your number is called by staff before lining up.

DROP IN

- 20 guaranteed first come first serve drop-in spots available after 11:45am.
- Payment will be taken after 11:45am
- Drop ins can access seating once they have purchased a ticket.
- 1 drop in order per customer (In-person only)
- Should there be excess food, more drop-in meals may be made available for purchase

Program Details & Refund Policy

- 10 lunch pass visits = \$88.00 + GST | 1 lunch = \$8.80 + GST
- Use KEYWORD "Killarney Eats" when registering online
- Refunds for lunch reservations are available until 5:00pm on the day before the scheduled lunch. Requests made after this deadline will not be eligible for a refund.

November 25

By Phone

In Person

Online

REGISTER NOW >

604-718-8201

6260 Killarney Street,
Vancouver, BC

<http://www.vanrec.ca>



All 10 visit lunch passes prior to March 2020 will be honoured.

