

Eat, Chat, Thrive

LUNCH PROGRAM 55+

REGISTRATION & MENU SCHEDULE

MONTH	REGISTRATION	MENU
FEBRUARY	JANUARY 21	JANUARY 17
MARCH	FEBRUARY 18	FEBRUARY 14
APRIL	MARCH 25	MARCH 21

REGISTRATION DAYS:

ONLINE & IN-PERSON: 9:00AM

TELEPHONE: 10:00AM



THE COST OF LUNCH IS \$8.55 + GST.

DUE TO GST HOLIDAY TAX BREAK – NO GST WILL BE CHARGED
BETWEEN DECEMBER 14, 2024–FEBRUARY 15, 2025